

# the Hummm

free

Arts,  
Entertainment  
& Ideas



p.28 & 29

November's Events



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Mississippi Masala



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CP 200+



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The Art of David Ivens p.3



## Homes for the Holidays

Get into the festive spirit and get inspired by beautifully decorated homes featured in two local Christmas House Tours. (Get your tickets soon, these tours sell out quickly.)

And if you're overcome by house envy, just give me a call!

P.S. Looking for a Santa for your event? I have my own suit (and beard!), and would be happy to assist for a nominal donation to the local food bank.

**Pat's Picks:** Christmas in Carleton Place House Tour, Dec. 7 & 8  
Heritage Perth & District Christmas House Tour, Dec. 7 & 8  
Who Stole Christmas from Mississippi Mills, Dec. 12-15



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“NOW where we gonna hide our broccoli and spinach??”

**At Dusk**

At dusk the woods shift closer,  
 shadows melt across  
 my shoulders.  
 Here, the nose puckering scent  
 of rotten apples  
 sharp, ascends.  
 Unseen roosting birds decry  
 my presence. Flustered,  
 tensing sky-  
 ward—dark wings undone,  
 one by one.

Written by Dagne Forrest, this poem was selected as one of the winners of a contest for a new poetic form called the Prime 53. Find out more at <press53.com/issue-163-prime-53-poems>.



**fall colours**

of the seasons (four in all)  
 nature dresses best in fall  
 her designer's grand collection  
 is the zenith of perfection  
 feast your eyes on these displays  
 of lanark county's autumnal days  
 shades of orange, red and yellow  
 bull rushes in the marshes mellow  
 crisp, cool air, and skies of blue  
 enliven changing golden hues

prompting colours to delight  
 in painting for the gift of sight  
 and the branches nicely frame  
 the old town hall of almonte fame  
 someone's hand is hard at work  
 perhaps it's the almighty's clerk  
 filling orders for more splendour  
 dicing rainbows in heaven's blenders

— by susan macaulay



Who's Reading the Humm

Back in 2017, **John Cloutier** of Carleton Place wrote: "While on a trip in October, we had the opportunity to catch up with Ottawa Valley Arts Entertainment & Ideas in the September Humm. Here we are enjoying the sun in Las Palmas in Gran Canaria. A fine time!"

**Humble Thought**

"... I don't know exactly what a prayer is. I do know how to pay attention, how to fall down into the grass, how to kneel in the grass, how to be idle and blessed, how to stroll through the fields, which is what I have been doing all day. Tell me, what else should I have done? Doesn't everything die at last, and too soon? Tell me, what is it you plan to do with your one wild and precious life?"

— from **The Summer Day** by Mary Oliver

Coming this Holiday Season

**The 19<sup>th</sup> Annual Humm Gift Giving Guide**

find the perfect gift locally for everyone on your list!

Gifts for Wives

Gifts for Under \$25

Gifts for Music Lovers

Gifts for Teenagers

Gifts for Husbands

Gifts for Chocoholics

Gifts for Do-it-yourselfers

To be included in this year's Gift Giving Guide, please contact theHumm by **November 15**.



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theHumm is a monthly arts, entertainment and ideas newspaper delivered free to businesses and visitor attractions in Almonte, Perth, Carleton Place, Westport, Pakenham, Carp, Arnprior, Smiths Falls, Burnstown, White Lake, Balderson, and Ottawa. Our mandate is to connect and promote people and events in the small towns and rural communities of the Ottawa Valley — where the arts flourish and entertaining characters run amok!

**Submissions**  
 By email or on disk.

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**Thumm's up this month to:**  
 ...to everyone who put up with the Grinch taking over our social media feeds last month! See page 11 for more details on what the grumpy green guy has been up to lately.

**What was up with all those red boxes?**  
 Check out page 11...

**COCO LOVE ALCORN**  
 Rebirth Album Release Tour

Nov 10 Perth, ON | Studio Theatre

For tickets and Show Information visit: [cocolovealcorn.com/tour](http://cocolovealcorn.com/tour)

creativeBC



# David Ivens — He's Got a Hammer

That's not correct. He has many, many specialized hammers and other metalworking tools, and he hammers in the morning and in the evening and in the afternoons. And he's been happily doing it for over forty years. You know you've found your niche when what you want to do after you retire is to do more of what you've been working at.

by Sally Hansen

David Ivens ran a restoration and fabrication company in Toronto for forty years, creating, reproducing and restoring antique light fixtures. Six years ago he met Valley artist Karen Phillips-Curran (profiled in July of 2013), and to the delight of area arts aficionados, he is now a new immigrant in Springtown along the Madawaska River in Renfrew County. At 3064 Calabogie Rd. between Burnstown and Calabogie he has built his dream metalworking and silversmithing workshop — a 1600-square-foot workspace with twelve-foot ceilings and a wall of windows facing south to take advantage of passive solar heating. Overhangs protect the building from the summer sun.

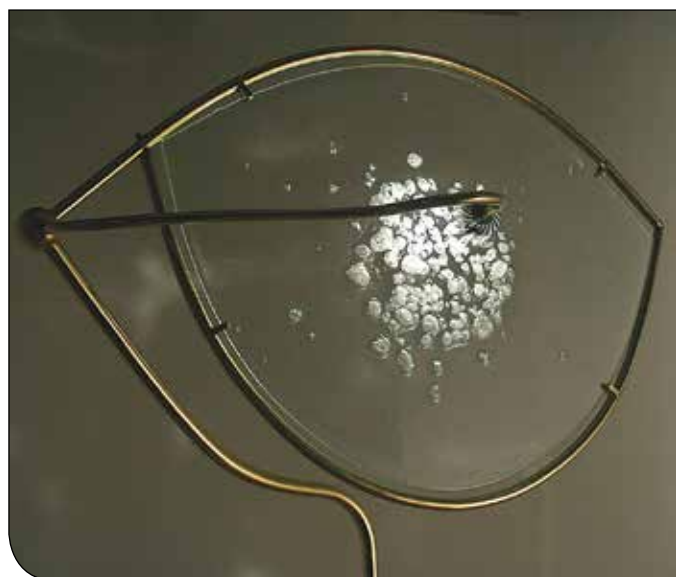
Growing up in Toronto in the '70s, and looking for a calling, one day Ivens wandered into an antique store in Gerrard St. Village and got a job restoring brass beds. Serious asthma eliminated woodworking as an option, so he opted for metalworking classes at George Brown College. Soon his challenging questions and his voracious appetite for learning by doing led his instructors to suggest he pursue his objectives independently. Happy to follow their advice, Ivens studied under several renowned masters, including Ireland's Brian Clark, Maine's Michael Good, and Finnish-American master metalsmith, educator and author Heikki Seppa. Eventually he talked himself into a job at an interesting store and ended up running its fabrication shop for ten years. Later he set up his own business restoring antique lights, and sold it to his employees two years ago to



immigrate to our Valley. He absolutely loves being out of the big city and enjoying our "rocks and trees and water and really friendly people."

## Those That Can — Teach!

Ivens is an award-winning silversmith and he is passionate about sharing knowledge and passing on techniques that may soon be forgotten. During the last ten years of his working career he taught Metal Forming in the Jewellery Programs of community colleges. Greg Merral, the former head of Jewellery Arts at Georgian College, recently dropped in to visit the new David Ivens Silversmithing Studio — the only facility like it in Canada. With individual workstations and ample room for students to spread out and use his vast collection of fine equipment, Ivens has designed and executed a beautiful creative space in which to teach and work.



At his website at < davidivens.ca > his caveat is characteristically straightforward: "A note on the workshops — First for Clarity — The workshops are master classes for serious students wanting to dedicate their time to in-depth learning of the skill presented." He claims that in a week-long workshop, limited to six serious students, he packs in as much instruction and practice time as offered by a college course. He also brings in renowned metalsmiths like Brian Clark to instruct, and offers access to his astutely chosen personal library of reference materials.

Much more flexible than the materials he works with, Ivens loves the challenge of commissions. His interests in architecture, design, history and nature, combined with his extensive knowledge of and experience with traditional forming techniques,



enable him to work with a wide variety of clients on disparate projects. Working primarily with metals in the non-ferrous group, including the precious metals of silver and gold, as well as copper and its alloys of bronze and brass, or aluminium, he has created stunning pieces ranging from a Star of David Goblet and chalices for religious organizations to modern lamps, vases, memorials and jewellery.

Design is his forte. The old-school master silversmiths he studied with taught him to respect the materials he works with, and to design pieces that both perform their functions properly and are built to last. He is intrigued by the design challenges that various pieces present — how to conceptualize the best way to build a piece with functional integrity *and* create an original object of artistic worth and interest. As simple examples, he notes that a pot should have a heavy base so it falls on its bottom, a ring should be reinforced, a spout should not drip, handles should not get hot, the hinge should last as long as it takes to polish through the pot, etc.

Looking at his finished products, it is hard to imagine that the gorgeous teapot or vase started as one or more flat pieces of sheet metal. Some of David's loveliest and most intriguing pieces are created by heating different kinds of sheet metal together until they form a solid block. Next he hammers it flat until it is the thickness of one of the original sheets, removing parts to expose the various metals. Then he hammers it into a hollow form so that it will hold liquid, or joins it with other fabricated sections to make a functional vessel. Finally, he sands, polishes and patinates the piece to remove all the hammer marks until it is impossible to discern how it was made.

David Ivens' exuberant love of his art/craft/medium/passion is more infectious than the annual flu strain, and a heck of a lot more fun and rewarding. He relishes showing people how things are done, and he loves working with other artists to help them simplify processes and solve problems. He also caters to novice metalworkers who are interested but not yet committed. Some Saturdays he hosts an Open Studio, offering assistance, instruction, and the use of an amazing collection of tools, equipment and reading material. If you are considering metalworking as a hobby or profession, or you're just curious, you can contact him to discuss your options. The same goes for commissions — mostly he loves taking a flat sheet of metal and turning it into an amazing three-dimensional objet d'art.



Deborah Arnold, DARK FIRE



Caroline Ji, STILL LIFE AFTERMATH



Dale Dunning, AURA II



Sue Adams, ACTAEON



Jeremy Price, CORDOVA NEGRONE

Our biggest show of the year features works by 22 artists from Almonte, Eastern Ontario and across Canada!

**Vernissage:**  
Sat Nov 30,  
3pm-6pm

34 Mill St, Almonte  
sivarulrasa.com  
613.256.8033

**SIVARULRASA GALLERY**

f i t

**5TH ANNIVERSARY SHOW**  
NOV 22 - DEC 29, 2019

**Featured artists:** Sue Adams, Sarah Anderson, Deborah Arnold, Carol Bajen-Gahm, Adrienne Dagg, Dale Dunning, Barbara Gamble, Catherine Gutsche, Karen Haines, Jim Hake, George Horan, Jane Irwin, Caroline Ji, David Kearm, Gayle Kelts, Susan Low-Beer, Michael Pittman, Jeremy Price, Sanjeev Sivarulrasa, Susan Tooke, Gillian Willans, Mirana Zuger



**WHO** David Ivens  
**WHAT** Metalwork Artist, Craftsman, Designer, Instructor  
**WHERE** <davidivens.ca>, David Ivens Studio Workshop, 3064 Calabogie Rd., Springtown, 343-760-2010, <david@davidivens>  
**WHEN** Saturdays — Open Studio (contact David)  
**WHY** "My studio craft explores the intricacies and intrigues of form following function."



The cast of CP200+ gets ready to rumble as they depict the infamous Battle of Ballygiblin, which took place in 1824

Need 'em... need 'em... got 'em...  
 Clip and save the Artist Trading Card  
 All the cool kids do it!

## NO MORE SECRETS



1 in 6 males  
 will be the victim  
 of sexual assault  
 and the effects  
 can last a lifetime.

November is  
 Men's Mental Health  
 Month.

November 20, 7 to 9PM  
 Almonte Old Town Hall

Join us for a conversation with **Peter Hamer**, one man who went from sexual assault victim to victor. This open and frank discussion moderated by CBC Senior Reporter **Julie Ireton** will focus on the human impact of being a male victim of sexual assault.

Peter was featured in the CBC Ottawa's podcast *The Band Played On* hosted by Julie Ireton. *The Band Played On* takes listeners on an investigative journey to tell the stories of survivors of historical sexual assault from three teachers over five decades at a western Ottawa high school.



## Mudds Present CP200+ Time to Remember

If history helps us to discover our past, define our present and shape our future, then the *CP200+ Time to Remember* show gives you that and much more: drama, songs, smiles... and tears!

Join the Mississippi Mudds as they explore the founding fathers, trade, daily life, war, social changes, religion, immigration and the many fascinating characters who have lived in Carleton Place. The show aims to be a lens through which we can understand ourselves.

### Interesting Tidbits of History

Here's what some of the cast and crew have learned about our local history that hit home with them:

- "There was an actual battle fought here! The Battle of Ballygiblin, between Carleton Place (Morphy's Falls) and Shipman's Mills (Almonte)!"
- "Thank goodness the rivalry between the Catholics and the Protestants has settled down in our modern times!"
- "Like my Scottish forebearers, I emigrated to Carleton Place in 1997. I was surprised at the connection that our town has with Scotland."
- "I was moved by the story of Roy Brown, the Indigenous roots of our area, and the price paid by so many of the settlers."
- "You can still see the little door — accessible only from the river — through which the Algonquin people traded goods. Its right across road from the Town Hall."
- "The town got its symbol for the coat of arms because Edward Morphy, after having shot a stag, agreed to share the meat with an Algonquin man who had been tracking it for days."

- "Incredible that the Hardy Boys novels were first written by local author Lesley MacFarlane (pen name of Franklin Dickson)."
- "Stompin' Tom Connors played his music for room and board at the Mississippi Hotel. He wrote *Big Joe Mufferaw* there!"
- "Our original Post Office was designed by Thomas Fuller, who also designed the Parliament Buildings!"

Catherine Clark, writer and director of the show, summarizes it this way: "The Carleton Place and Beckwith Heritage Museum is the best-kept secret in the Valley... go there and you will see, experience and learn something amazing!"

### The Last Word

You don't have to love live theatre or history to enjoy this show! You just need to love your town. By the end of the performance, you may just come to love all three!

It all takes place at the Carleton Place Town Hall auditorium, with 7:30PM shows on November 14, 15, 20, 21 and 22; and 2PM matinées on Saturday, November 16 and Saturday, November 23. Tickets are \$17, with a special \$12 price on Saturday, November 16 and Wednesday, November 20. Get yours from Tickets Please — online at <ticketsplease.ca/TheMudds.html>, by emailing <tickets@ticketsplease.ca>, or by phoning 485-6434 Monday to Saturday from 10AM to 5PM (or leave a message).

For more information about this very special show, please email <info@mississippimudds.ca> or visit <mississippimudds.ca>.

— Jenny Pfitzer

Who Stole  
 Christmas  
 from  
 Mississippi  
 Mills?

WhoStoleChristmasFromMM.COM





# Canadian Winterscapes

## The Algonquin Ensemble Premieres Stunning New Production

The Algonquin Ensemble has created a stunning new production and it's coming to the First Unitarian in Ottawa on Saturday, November 30 and to the Almonte United Church on Sunday, December 1. *Canadian Winterscapes* is a multi-media journey celebrating the untamed beauty and indomitable spirit of a Canadian winter through music, art and photography. With moving pieces from the ensemble's acclaimed debut production *Sonic Palette*, uplifting arrangements of traditional seasonal repertoire, new original wintry compositions and even a big ol' toboggan ride, there will be no better way to begin your holiday season.

This sextet of accomplished professional musicians weaves an eclectic mix of classical, folk and jazz into a magnificent tapestry of musical landscapes. Anyone who has experienced their first production, *Sonic Palette: Tom Thomson's Voice Through Music*, knows how powerfully the ensemble connects the heart of the listener to the heart of the art with their inspired compositions. The music has been described as cinematic — musical soundscapes that beautifully evoke the spirit, mood and textures of Tom Thomson's works. The music is so evocative that CBC producer Sean Foley chose to use it as a soundtrack to his two-part documentary *Tom Thomson — 100 Years Later* which first aired on CBC radio's *Ideas* in the fall of 2018.

Founding members Kathryn Briggs (piano), John Geggie (double bass) and Terry Tufts (guitar and voice) are known to Almonte audiences through their own performing and teaching efforts in the area. The three came together to create The Algonquin Ensemble after luthier Linda Manzer encouraged them to consider writing something to honour Tom Thomson on the occasion of the 100<sup>th</sup> anniversary of his mysterious death. Soon after, Laura Nerenberg (violin), Lisa Moody (viola) and Margaret Maria (cello) enthusiastically came on board. Ms. Manzer also built the "must-be-seen-and-heard-to-be-believed" 50-string, multi-necked "Manzer's Palette", a unique guitar co-designed with Terry.

The ensemble is thrilled to have special guest Beth Tufts joining them for these performances. The daughter of Briggs and Tufts, she comes by her music honestly though she has "a clarion voice all her own", according to Folkus Concert Series Artistic Director Sandy Irvin. The clarity of tone and power with which she sings captivates audiences. Beth began performing on her own in 2018 with a spot at the youth



The Algonquin Ensemble, featuring Kathryn Briggs, John Geggie, Terry Tufts, Laura Nerenberg, Lisa Moody and Margaret Maria, will be joined by special guest Beth Tufts for a concert on December 1 in Almonte

showcase at Stewart Park festival, followed by accompanying fiddler Jessica Wedden at the Lombardy Fair, opening for Kathleen Edwards at the Festival of Small Halls and continuing into 2019 opening for Betty and the Bobs at their March Folkus show. She has also joined forces with her parents in TRiPOD, a trio that enjoys covers from multiple decades as much as their own originals.

Don't miss an opportunity to experience this spellbinding performance. Shows take place at 7:30PM on Saturday, November 30 at the First Unitarian Congregation (30 Cleary Ave. in Ottawa), and on Sunday, December 1 at the Almonte United Church (106 Elgin St. in Almonte). Tickets are \$35 in advance at <brownpapertickets.com> or \$40 at the door. For further information please visit <thealgonquinensemble.com> or email <thealgonquinensemble@gmail.com>.

The Algonquin Ensemble is committed to making positive changes to support the wild spaces they are so inspired by. A portion of ticket sales from their *Canadian Winterscapes* performances will be donated to tree planting efforts and forest education through Forests Ontario.

**folkus concert series 2020**

JANUARY	FEBRUARY	MARCH	APRIL
THE GOOD LOVELIES WITH THE SPACE BETWEEN	DOUBLE BILL CAMPBELL WOODS & KATE WEEKES	IAN SHERWOOD WITH EVANGELINE GENTLE	DOUBLE BILL A LEVERAGE FOR MOUNTAINS & THE PAIRS

SEASON'S PASSES AVAILABLE AT MILL STREET BOOKS AND ONLINE AT [FOLKUSALMONTE.COM](http://FOLKUSALMONTE.COM)

Canada Mississippi Mills

IT IS POSSIBLE

to Love holiday shopping.

**CHRISTMAS IN ALMONTE HOLIDAY SHOP LAUNCH NIGHT MARKET**

THURSDAY NOVEMBER 14 • 5PM - 9PM • DOWNTOWN ALMONTE

Kick off the most magical time of year in the most charming little downtown.

Almonte will be bursting with holiday spirit and sparkle. Special events, food offerings, wrapping stations, and your favourite shops chock full of inspiration to kick start your holiday gift giving.

Hey, and make sure you're following **Destination Almonte** on Facebook!

**WINTER IS COMING AND WE HAVE THE WHOLE FAMILY COVERED!**

patagonia

KEEN

BOGS

QUARTZ CO.

icebreaker

hatley

**VAMOS** OUTDOORS

14 Mill Street, Almonte  
**613.461.2000**  
open 7 days a week



# Christmas in Carleton Place

Tickets  
\$25

## HOUSE TOUR

All proceeds go to support the Carleton Place & District Memorial Hospital Foundation

### A Christmas House Tour Like No Other

Save the date for the eighth annual "Christmas in Carleton Place House Tour". This year's Tour falls on **Saturday, December 7** and **Sunday, December 8**. Tour times for Saturday are 3PM to 9PM. Sunday's tour is from 10AM to 4PM. Tickets are only \$25 each and they come with a ballot for a chance to win one of nine great prizes.

Organizers will be showcasing eight beautiful homes and two bonus locations, all decked out in their Holiday Splendour. Once again, this year's lineup will not disappoint. All homes will showcase multiple trees and be chock-full of ideas for the Holidays! As usual, the homeowners will be present and engaging, offering you first-hand knowledge of their lovely abodes, Christmas traditions and beautiful décor. There will be hot apple cider and cookies in each home and some homes will feature musical entertainment throughout the weekend.

This year's lineup features a Century-old farm house, two Heritage stone mansions, a brick Victorian with modern touches, two remodelled Victorians that resemble new homes, a remodelled '80s home and a new build. There are also two bonus locations fully decked out to put you into the spirit of the Holidays. The Waterside Retirement Community will feature multiple trees, plus offer a restroom stop and a complimentary Sunday lunch with your tour ticket. The Rock-N-Horse Farm will be showcasing a crafters market and bake sale featuring the wares of several local vendors, just in time to do a little bit of Christmas shopping!

Please call Jane Tunks at 613-257-9717 or email [christmasincarletonplace@gmail.com](mailto:christmasincarletonplace@gmail.com) for more information. Check us out on Facebook at Christmas in Carleton Place House Tour 2019 and on Twitter and Facebook at CPDMHFoundation.

All proceeds help purchase needed patient care equipment for the Carleton Place and District Memorial Hospital. The CPDMH Foundation is dedicated to raising funds to help ensure that the residents of Carleton Place and surrounding communities have the best quality of health care services available. Cheers! See you on the tour!



#### 5870 Roger Stevens Drive, Smiths Falls

This gorgeous farm house is well worth the short drive. In the 1940s, with the use of sleighs and horses, this old girl was moved to where she stands today. Huge additions and renovations have greatly enhanced this century-old beauty. The natural tree in the sunroom will take your breath away!

#### 310 High Street, Carleton Place

Nicknamed the "Scottish Mansion" this amazing home was built a century ago this year! Left abandoned, it has been lovingly restored by the current homeowners. Every part of this lovely three-storey abode gets kissed with Christmas Cheer (even the laundry room), making it a must-see for Christmas lovers!



#### 104 Old Mill Lane, Appleton

This stately limestone Manor, built in 1842 by Irish immigrants, has been restored and modernized. Featuring five bedrooms and four fireplaces, this gorgeous home is now a vacation rental catering to visitors from all over the world. "The Old Mill Manor" invites you to join them for a Charles Dickens Christmas!



#### 316 Justin Drive, Beckwith

This gorgeous 5-bedroom home was recently purchased by owners who fell in love with its large open concept layout and walkout basement, leading to a beautifully treed backyard with fire pit. Christmas for this family includes multiple trees, whimsical décor and treasured heirlooms!



#### 242 High St., Carleton Place

Built in 1892, this beautiful red brick Victorian features high ceilings, double high baseboards and a farm-style kitchen with its very own snug. There's also an indoor pool, sauna, huge family room and modern barn doors. Christmas is celebrated with several trees and special treasures!



#### 27 Allan St., Carleton Place

This beautiful waterfront Victorian was built in 1917. Although now a modern home, many original touches remain, including some exterior brick that has been exposed indoors. Christmas is celebrated in a big fashion with multiple trees, whimsical blow-ups and twinkly lights.



#### 91 High St., Carleton Place

Originally built in 1910 as a duplex, this beautiful home has been completely renovated with a coastal vibe. An addition allowed for an amazing kitchen and expansive open concept, plus large upper bedrooms and bathrooms. Christmas includes multiple trees, reindeer and vintage décor.



#### 169 Hillcrest Dr., Appleton

This stunning waterfront home, built in the '80s, was completely reimaged by its current owners with a new kitchen, master bath, glass railings, two-storey stone fireplace and enormous windows. Christmas is celebrated with multiple trees and cherished family treasures.

*Tickets are just \$25.00 from the following fine retailers:*

**Carleton Place Nursery**  
7164 County Road # 29

**The Beckwith Kitchen – C.P.**  
1 Costello Drive, Unit # 3

**Scotiabank – C.P.**  
85 Bridge Street

**Baker Bob's – Almonte**  
75 Little Bridge Street

**Green Bean Natural Foods – Arnrior**  
115 John Street North

**Pretty Pots Flower Shop – Stittsville**  
1528 Stittsville Main Street

**Talisman Flowers – Kanata**  
471 Hazeldean Road

**Yarns Ewe'll Love – Kanata**  
474 Hazeldean Road

**Flowers Talk Tivoli – Ottawa**  
282 Richmond Road

**Tinseltown Emporium – Ottawa**  
1096 Somerset Street West

*Cash or Cheque Only Please!*



Contact: Jane Tunks  
613-257-9717  
[christmasincarletonplace@gmail.com](mailto:christmasincarletonplace@gmail.com)

[f](https://www.facebook.com/CPDMHFoundation) /CPDMHFoundation  
and Christmas in Carleton Place  
House Tour 2019



# To See the Stars: Imagining a Life

## A Reading from Jan Andrews' Last Novel by Ellis Lynn Duschenes

On Saturday, November 16, there is a marvellous opportunity to celebrate Jan Andrews' life as a writer, an internationally recognized storyteller, a rock climber, and a woman who lived her life vividly and creatively and with a determination that no matter how hard life gets, always there is the possibility for joy.

Jan Andrews immigrated to Canada from the UK as a young woman, just in time to be part of a phenomenal blossoming of fine Canadian children's literature that began in the 1970s. Her book *Very Last First Time* is now regarded as a Canadian classic, and all her picture books

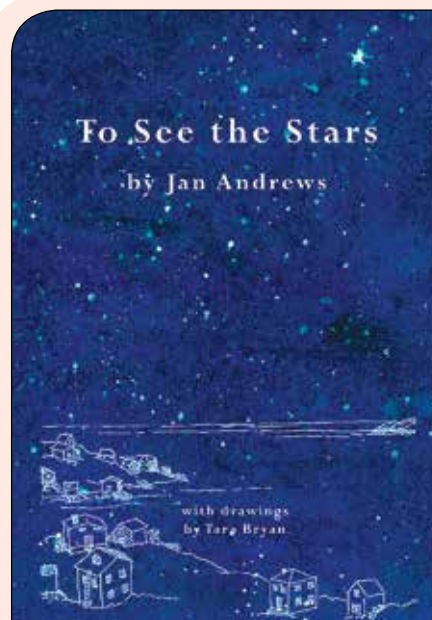


and novels were critically acclaimed. Jan worked on *To See the Stars* for over twenty years and when she died it was almost ready for publication. Her splendid publisher, Running the Goat, was determined to bring it into the world and so final edits were done and it is now available.

It seems fitting to be celebrating this particular book in Almonte both because Jan's beloved home on Taylor Lake is nearby, but mostly because the book's main character shares so much with the women who worked in the Almonte mills. Edie Murphy comes from a small outport in Newfoundland, leaves home to go into service but ends up in the garment industry in New York. There, like so many workers in Almonte, she does arduous factory work and becomes part of the struggle to make the conditions in those factories more bearable.

To add to the richness of this event, Gail Anglin and Neville Miller will be there to entertain you with traditional music that speaks of the hardships faced by people working in those early days of the textile and garment industries and of the courage they needed to survive.

It all takes place on Saturday, November 16 at 3PM at Curious & Kind, located at 12B Mill Street in Almonte (behind Heritage Court). Open seating is by donation, and you can find out more at <curiousandkind.ca>.



As a person who listened to Jan Andrews' inimitable storytelling for thirty years, it feels like a profound gift to hear her voice so evident in the lyrical language of her final novel. In *To See the Stars* we are introduced to a heroine whose path, though reflective of a time so different from our own, is unquestionably relevant to the world we find ourselves in today. Young and old alike will be inspired by Edie Murphy, a fifteen-year-old from Newfoundland, whose story unfolds

against the backdrop of some of the most harrowing events in women's history.

As Edie travels from the hard scrabble existence of a remote fishing village to the appalling textile mills of New York in the early 20<sup>th</sup> century, we are given an unflinching account of women's subjugation, the Garment Workers Strike, and the Triangle Shirtwaist Factory Fire of 1911. Andrews always bravely tackled difficult subject matter and her deft narrative style never resorts to the pedantic. She shares the tale brilliantly within the intimate context of one young woman's experience.

The most compelling aspect of this story is how, in the face of such desperation, futility and tragedy the resilient Edie, plagued with homesickness, will not allow herself to be a victim. While acknowledging the injustice of having to march for "things that never should — not ever — have been made to seem like they were only for our dreams", she is determined to keep fighting for what is right. At the same time she steadfastly refuses to relinquish control of her own happiness. She will "see the stars" and find her version of home no matter where fate leads her.

— Jane Ellens

## THERESA THOMASON (VOICE) & PAUL SULLIVAN (PIANO)

SATURDAY, NOVEMBER 9, 7:30PM ST. PAUL'S UNITED CHURCH  
25 GORE STREET WEST, PERTH



Theresa Thomason is a show-stopping, roof-raising singer of extraordinary range, power, and sensitivity. Paul Sullivan is a Grammy Award-winning pianist and superb composer.

Both long associated with the multi-Grammy Award-winning world music troupe the Paul Winter Consort, Theresa and Paul have between them collaborated with the likes of Ray Charles, Stevie Wonder, Pete Seeger, Benny Goodman, and other legends, and have played some of the most prestigious concert halls and at the Vatican and the United Nations. Don't miss these two world-class artists as they share their immense musical gifts with our community.

Also appearing, from Lanark County and Ottawa: Mary Lou Carroll (piano), Cam Gray (bass), Tom Kemp (drums), Brad Mills (organ), Louise St. Germain (cello), and an ensemble of 24 singers!



**Tickets \$30 via Tickets Please 613-485-6434, or at ticketsplease.ca, or at the Perth Visitor Centre (11 Gore Street East)**

Made possible by Group Encore! supporting world-class music in Perth.  
For more information contact Rob Rainer: 613-314-7755, rainershinetvt@gmail.com





**Guatemala Stove Project Fall Fundraiser**  
 with music by **Open Road**  
 and featuring an enticing Silent Auction

**Friday, November 15, 2019**  
 Perth Civitan Hall, 6787 Hwy 43  
 Doors open at 7PM

Tickets \$20 at Tickets Please  
 (www.ticketsplease.ca) or at the door

ALMONTE FARMER'S MARKET  
**HOLIDAY MARKET**

DECEMBER 7 9am to 2 pm  
 ALMONTE COMMUNITY CENTRE (UPSTAIRS)  
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Pick up *theHumm* in Ottawa at  
**THE BYTOWNE CINEMA**

*Joanne Beaton*



Let me Tell Your Home's Story

**Commercial Condo in Almonte...**

Mainfloor commercial condo unit in beautiful, historical Thoburn Mill seeking its next owner. Currently designed with 4 individual offices, this space includes a common meeting room or reception area. The unit is finished in an "industrial" look and feel, with some feature brick walls and large windows providing lots of natural light.

A little piece of Almonte history, this multi-use building in the heart of the downtown sitting at the edge of the Mississippi River would be an ideal location for your business.

Condo fees include water and sewer and gas for the unit.

**Features:**

- In-suite washroom
- 4+ offices
- Excellent location to downtown Almonte
- Secure Building



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# See Double Vision in Almonte!

Canada's Ultimate Foreigner tribute band, Double Vision, delivers all the hits you expect and more. Selling out audiences throughout Ottawa and the Southern Ontario areas, Double Vision recreates the excitement and passion that is Foreigner, the iconic rock band. Members Johnny (drums), Al (bass), Denis (guitar), Scott (lead vocals), Marc (sax, percussion and keys) and Josh (keyboards) allow the audience to close their eyes and be transported stage-front to experience all of Foreigner's greatest hits — and then to open their eyes to join everyone on the dance floor!

Double Vision will be performing a two-hour concert featuring all the hits on November 16 at the Almonte Old Town Hall. Tickets are \$25 in advance online at <bit.ly/DVAlmonte2019> or by searching on <Eventbrite.ca>, or \$35 at the door. Order using the special code HUMM15 and save 15% when you book online! Doors open at 6:30 and the show starts at 8PM. This is an LLBO licensed event, featuring Crooked Mile Brewery.



Foreigner fans rejoice — Canada's ultimate tribute band Double Vision will play all the hits at the Almonte Old Town Hall on November 16

# Gift of Art Show & Sale

This very popular show is back again, featuring works of art from some of Ottawa's finest artists. The show features sculptors, painters, photographers, fabric artists and more. With free parking and admission, and an endless supply of baked goods, this is a great place to shop, relax, and find that perfect gift for the holidays.

This year's show runs on November 16 and 17 from 10AM to 5PM each day at the Kanata Civic Art Gallery in the Mlacak Centre. Musical entertainment will be provided by Spencer Scharf from 1–3PM on November 16. All donations raised from the refreshment table and gift basket draw will go to support Hospice Care Ottawa. For details and directions, please visit <kanatacivicartgallery@gmail.com>.

**OLANG**  
 ice gripper boots

Stay on your feet this winter!

*Crush* MARKETPLACE  
 Downtown Almonte ❤️



# No More Secrets

## Healthy Minds, Healthy Men

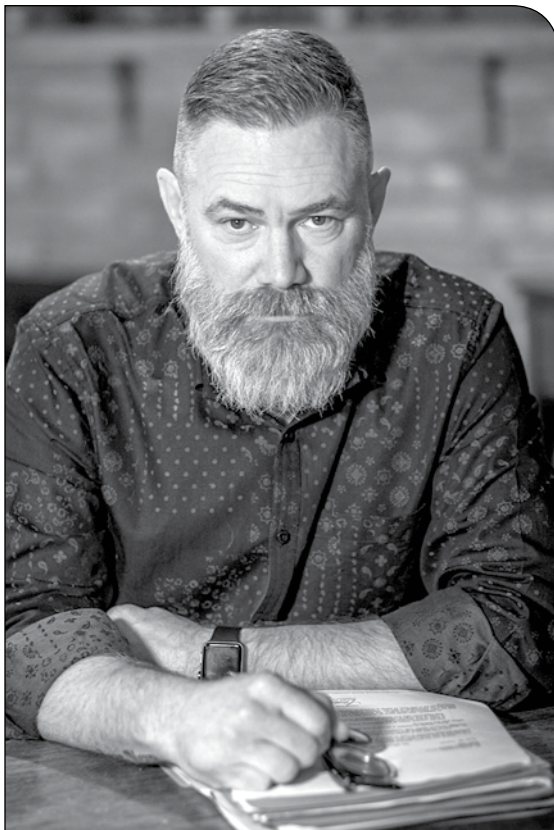
On Tuesday, September 7, 1982, Peter Hamer walked into Bell High School for the first time. He was a shy kid taking the first steps into his new school eager to begin grade 9. Like every other young person beginning their high school adventure he had all the hopes and dreams for a future filled with opportunity and excitement. The next four years at Bell would prove to be anything but that.

Not much of a jock, or a high achiever scholastically, Peter found his place in the music room. Participating in the high school band with his small circle of friends is where he felt at home and accepted. This is also where he met the man who would also change the direction of his life forever. Bob Clarke was Bell High School's music director — a talented musician and gifted teacher who led the Bell High school bands to victories in multiple competitions for years. Bob Clarke was also a sexual predator and Peter was only one of his many victims.

Being a young male victim of sexual assault is traumatic; living with it for decades is even more difficult. A little over thirty years after Peter left high school, he finally told an Ottawa police detective what happened to him during his high school years. Bob Clarke, then in his early seventies, was finally arrested and charged for the crimes he committed. After Peter came forward nine more men went to police to tell of the abuse they received at the hands of this former music teacher. Mr. Clarke would finally pay for his crimes and serve time in prison.

Mr. Clarke's guilty plea prompted an eight-month long CBC investigation led by CBC Senior Reporter Julie Ireton, looking into the sex crimes perpetrated by three teachers over five decades. The investigation uncovered stories of abuse and the institutions that protected the abusers. It was then made into a CBC Ottawa Podcast entitled *The Band Played On*. The podcast follows the narrative of sexual abuse and tells the stories of the survivors.

Being the victim of sexual assault leaves scars that can last a lifetime, and statistics suggest that one in six males will be a victim of this type of assault. The shame and guilt associated with being a victim is often carried for a lifetime and can force men to



Hear Peter Hamer (above) in conversation with CBC's Julie Ireton at the Almonte Old Town Hall on Sunday, November 0

suffer in silence. As a society, it's time to shine the light into this dark place.

**No More Secrets** is a conversation about sexual assault and the lasting impact and effects it can have on the boys and men who are victims. On Wednesday, November 20 please join CBC Senior Reporter Julie Ireton in a conversation with Peter Hamer as they discuss Peter's journey from victim to victor. This free event will take place from 7–9PM at the Almonte Old Town Hall, and is co-sponsored by Lanark County Mental Health, Carebridge Community Support, Ottawa Valley Family Health Team, Sexual Assault & Domestic Violence of Lanark County and Victim Services of Lanark County. November is Men's Mental Health Month.

**BLUES ON THE RIDEAU**  
THE COVE INN • WESTPORT ONTARIO

NOVEMBER 16  
**SAMANTHA MARTIN & DELTA SUGAR**

PROCEEDS TO: FRIENDS OF FOLEY MOUNTAIN & WESTPORT FOOD BANK

**DINNER & SHOW \$70**

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1 SHOW ONLY

 **The Goulbourn Male Chorus**  
presents

*The First Lights of Christmas*  
an afternoon with the GMC

**November 30 at 2PM**  
**Trinity Presbyterian Church**  
1817 Richardson Side Road, Kanata

Tickets \$15 • Available from Chorus members  
and at [www.goulbournmalechorus.com](http://www.goulbournmalechorus.com)

Pick up *theHumm* in Carleton Place at  
**THE QUEENS CRAFTERS**

 **Beckwith Township**  
**Christmas Craft Show**

**Saturday, November 30<sup>th</sup> from 10AM–3PM**  
**Beckwith Recreation Complex**

Over 60 Exhibitors — Shop 'til you Drop!

Food will be available for purchase

Cash Donations will be collected for  
the Lanark County Food Bank

More Information: 613-435-8929



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20% off - one day only

ORIGINAL ARTWORK  
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**Christmas \$100 and Under Sale**

SATURDAY AND SUNDAY  
November 23, 2019, 10AM–5PM  
November 24, 2019, 10AM–4PM

**FREE ADMISSION**  
**REFRESHMENTS**

Cash or Cheque Only  
March Central Community Center  
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Kanata Art Club  
[www.kac1.ca](http://www.kac1.ca)



# Humm Bits

## Feed the Need at MMYC

The Mississippi Mills Youth Centre is hosting a Feed the Need fundraising dinner and auction with fantastic items like Spa Days and Krown vehicle treatments. The dinner will take place on November 29 from 5:30–8PM and tickets are \$50 each. All profits go to the Youth Centre.

The Centre has many other fun events for youth scheduled in November: cooking sessions, free community meals, a Remembrance Day craft, a trip to the war museum, and many more. For more details, please visit <mmyc.ca> or contact MMYC at 256–5959 or <coordinator.mmyc@gmail.com>.

## Jazz Trio at MERA

Music at MERA is excited to announce a concert of classical jazz at the MERA Schoolhouse in McDonalds Corners on Sunday, November 3 at 2PM. Tickets are available at <ticketsplease.ca> or by telephone at 485–6434.

The Tim Booth Jazz Trio features Tim Booth on trombones, Steve Cole on guitar and Doug Burrell on the tuba. They will play familiar jazz standards and some original compositions by Tim Booth. There will be something for those new to jazz music and for long-time jazz lovers.

## Quilters Guild Christmas Sale & Luncheon

Join the Lanark County Quilters Guild on Saturday, November 9 from 11AM to 2PM for their Christmas Sale & Luncheon. Shop for beautiful quilted items for your home and handmade holiday gifts, enjoy a delicious homemade lunch and meet friendly members of the Guild. The sale is being held at Glad Tidings Pentecostal Church, located at 160 Wayside Drive (behind Hinton Dodge Chrysler), off Highway 7 just east of Perth. Admission is free, and lunch is available for \$5. The venue is wheelchair accessible.

The 150+ members of the Lanark County Quilters Guild are passionate quilters and sewers. The guild meets on the fourth Tuesday of the month from September to June. Membership is open to all and new members and visitors are always welcome. For more information, visit <LanarkCountyQuiltersGuild.com>.

## Valdy in McDonalds Corners

Music at MERA is excited to announce that Valdy is performing in McDonalds Corners on Thursday, November 14 at 7PM. Due to popular demand, the concert will take place in the Knox Presbyterian Church at 5664 McDonalds Corners Road.

Valdy is a Canadian folk musician whose began his solo career in the early 1970s and continues to be much in demand on the touring circuit. On any given night, he is playing to a packed concert house somewhere — performing some 250 to 300 show dates a year — while he continues writing and recording.

Reviews of his show prove his mastery of the art of solo performance. “He’s a master of country, folk, rock and blues, and the catch is that whatever the sound, people know that Valdy is sincere,” says the Saskatoon Star Phoenix. And the Edmonton Journal proclaims that “Valdy’s show is a disarming and practical blend of respect for the audience and show business expertise.”

Tickets (\$32.50 inclusive) are available at <ticketsplease.ca> or by telephone at 485–6434, and can be picked up at the door.

## Lanark Christmas Market

The Biggest Little Christmas Market is taking the little Village of Lanark by snow storm! Come visit this lovely market on December 1 from 9AM to 4PM at Foy Hall. You’ll find more than 25 vendors, a hot lunch and drinks, live music, door prizes, pictures with Santa, a Santa’s letter writing station and a supervised kids’ craft table.

All of the vendors are local artisans, crafters, bakers and vintage sellers. Come by to find that special one-of-a-kind gift and great stocking stuffers. Bring the kids for lunch and get a picture with Santa. Find more details on Facebook@thebiggestlittlechristmasmarket.

## Mudds Mamma Mia! Auditions

The Mississippi Mudds will be holding auditions for their spring show — *Mamma Mia!* — on Saturday, December 7 upstairs at Mitchell’s Independent Grocer. Anyone aged 16 and up can book a time between 9:30AM and 4PM by contacting Joanne Samler at <jsx4@rogers.com>, who will send you a package with information about the show and the audition format.

# Sivarulrasa Gallery’s 5<sup>th</sup> Anniversary Show

Almonte’s Sivarulrasa Gallery is celebrating its 5<sup>th</sup> anniversary this year — the gallery is incredibly grateful to the people of Almonte, Lanark County, and the broader region for all the support and encouragement it has received over the past five years. The 5<sup>th</sup> Anniversary Show will bring together works by 22 talented artists from Almonte, Eastern Ontario, and across Canada. The show runs from November 22 to December 29 and will feature sculpture, paintings, drawings and photographic works. It’s the gallery’s biggest show of the year, covering all three exhibition spaces.

Among the featured works will be new sculptures and drawings by Almonte-based artists Dale Dunning, Deborah Arnold, and Sue Adams. The show will also include new plein air paintings by Edmonton-based artist Karen Haines and Newfoundland-based artist George Horan; sculpture by Toronto-based sculptors Susan Low-Beer and Jim Hake; mixed media works by Newfoundland artists Michael Pittman and Carol Bajen-Gahm; watercolour works by Toronto-based artist Jane Irwin; and new paintings by Montreal-based artist Jeremy Price, Toronto-based artist Caroline Ji, and Edmonton-based artist Gillian Willans. Several Ottawa-based artists will also be featured in the show, including Gayle Kells, David Kearns, Catherine Gutsche, Barbara Gamble, Sarah Anderson and Mirana Zuger.

Everyone is invited to meet the artists and celebrate the gallery’s 5<sup>th</sup> anniversary on Saturday No-



Sculptor Dale Dunning is just one of the renowned artists taking part in Sivarulrasa’s 5<sup>th</sup> Anniversary Show from November 22 to December 29

vember 30, from 3–6PM! For more information, please visit <sivarulrasa.com>. The gallery is located at 34 Mill Street in Almonte.

# Christmas Fair at MERA

The 17<sup>th</sup> annual MERA Christmas Fair will take place on November 23 from 9AM to 3PM at the MERA Schoolhouse in McDonalds Corners. Come out to support local artisans, have a wonderful treat from the Wizards Café and enjoy the festive atmosphere.

This year’s juried show includes fine chocolate by Ludwig, art by Greta McDonald, handwoven women’s clothing by Heather Sherratt, felted creatures by Rosie Kotze, jewellery by PJ Wilson, woodworking by George Fisher, turned wood by Ron Jones, Christmas

creations by Heather Vriends, Barb’s Homemade Jams, authentic Appalachian-style brooms by Raphael Kerem, handweaving by the MERA Heritage Weavers and, in the pottery studio downstairs, a wonderful selection of work by the MERA Potters.

The MERA Room will be filled with handmade items donated by fibre and glass artists and other members, with 100% of the proceeds going help MERA put on music events, workshops, dinners and much more. Find details at <meraschoolhouse.org>.

*Almonte  
Antiques &  
Collectibles*

*A Multi Vendor  
Antique Market*

*Antiquing and  
Collectibles  
best kept  
secret!*

**26 Mill Street  
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613-256-1512**

**f VISIT US ON FACEBOOK**

**Almonte Lectures**

**We have seen the media and it is US!**

**Edith Cody-Rice and Brent Eades**

**7:30 pm Friday, 29 November, 2019  
in the Almonte United Church Hall**

Visit: [almontelectures.net](http://almontelectures.net) for the series schedule

**QR Code**

**"Trust and Believe; the Divine Power Helps and Heals" — Bruno Gröning**

Still ongoing, decades of medically-verified healings demonstrate the validity of his teaching.

**FREE FILM: *The Phenomenon of Healing***  
Sponsored by volunteers in the Ottawa Bruno Gröning Circle of Friends

**DATE: Sunday November 10th, 2019**

**TIME: 1:00 p.m. – 5:00 p.m.**  
(a 15-minute break between Parts 1 and 2)

**LOCATION: Colonel By Room, City Hall,**  
110 Laurier Avenue West, Ottawa  
(Free underground parking on weekends)



# Who Stole Christmas from Mississippi Mills? Who? Who?

Disgruntled are you? Could it be the pre-winter blues? The looming holly-daze? Or are you fundamentally concerned about the suspicious red boxes that traipsed willy-nilly through last month's Humm? Hmm? You should be!

Something is amiss in Mississippi Mills. Something is horribly wrong. Someone is ranting about Almonte, Pakenham, Ramsay and why the heck isn't it called Alpakram? Almapakarama? Ramalamapakahama-ding-dong? Why wouldn't you be concerned?

Solve the mystery! Grab a ticket to the holiday production of *Who Stole Christmas from Mississippi Mills*? Your heart will grow three sizes! Your civic pride will shine! Your giggle will find a happy home and a smile will crack your face! Ouch. Never you mind, the stage is set and it's all about the community love around us and within us.



Gardening CBC-lebrity Ed Lawrence (with mini-Ed, puppeteered by Noreen Young) will be singing up a storm in this production!

Rob Riendeau, the inspired writer and co-producer of the play, talked about a long drive last fall with Kris, his life-partner and self-declared Grinch purist. They reminisced about how much fun community plays were when, "one thing led to another and we just started brainstorming what a new Christmas show could look like..." Then they got a wonderful, awful idea! It was so good they booked the venue before the play was even written.

Rehearsals ooze a boisterous energy. Director and choreographer Kris leads a talented troupe of brave,

creative community folk to breathe in, breathe out and carry the lines of the play to the rafters. Nearby you might see Christine Moses, co-producer with Rob, and actor in her own right, possibly wielding knitting needles because, "when the cast is being really rowdy... knitting reminds people of their granny and they tend to calm down". They've done it again and again for months. Each scene now sparkles.

And what a cast! How can any of us wait to see Mike McCormick of the Arrogant Worms release his inner angst as the grinchiest of Grinches? Or Ed Lawrence, that gallivanting CBC star with horticultural leanings, narrate the goings-on and, um, sing?

And there's more! A Mayor who can regruntle your disgruntlement, Millians and Things (count two won't you?), dahling Miss Mills, dazzling Jingle Belles singing in three-part harmony, a little Cindy Lou, a reporter, a videographer, Instagrammers, a farmer, a director, a piper (you may know who), actors, actresses, an Ainslie and Santa too. Musicians to woo you. A cow to moo you. And a dog.

Sets are the Seussian visions of Valerie de Winter and Ken Kicksee. Audacious costumes are cleverly crafted by Ingrid Hamster. There be puppets jostling shoulder-to-knee with humans, through the talents of Noreen Young, Stephen Brathwaite and others. Characters a-glow in holiday brightness through make-up by Dalene Gallo, and hair and wig stylings of Stefan Kaleb.

Beyond being loads of fun, we all know that theatre can connect community and here in Mississippi Mills it does indeed have a certain pedigree. No surprise at all that many in the production team and cast have been hands-on in past events. Think Fern Martin's *Trashdance*, *A Peak at Pakenham* and *Phantom of the Hubera*; *A Mississippi Mills Christmas Carol* (written by Allan Martin for Noreen Young as a fundraiser for Puppets Up!); and *Sleeping Rough*, a tragic puppet opera performed this year at the Music and Beyond Festival.

Says Kris, "I had the great fortune to have been involved in the Valley Players of Almonte back in the day. There are probably a lot of people who go into the Almonte Old Town Hall auditorium nowadays and have no idea how much that organization contributed to turning the space from a dusty storage loft to the stunning venue it is today. There are a lot of new people coming into the community theatre scene in town, and my feeling is that the time is right to create something new. This show is the first tentative step along that uncharted path for Rob and me."



Sure they look innocent enough, but this gang (l-r Helen Antebi, Stevie Silver, Mike McCormick and Mike Poirier) will be getting up to some pretty nefarious no-goodery at the Almonte Old Town Hall from December 12-15. Get your early-bird tickets by November 15, and don't miss this hilarious holiday musical parody. Due to adult-ish humour, this show is recommended for ages 12 and up.

Sure, I walked into a local café and was literally assailed (wassailed?) to write this article. They had me at the ask. But **YOU**, you can get tickets just because you want to! And, not to be too Grinchy about it, by the time the world hears Ed Lawrence singing *I Found My Thrills in Mississippi Mills* on CBC radio with Mike McCormick accompanying him on piano, well. Whoosh.

Mark your calendar for one of the shows being offered up December 12, 13, 14 or 15 (matinées on the 14<sup>th</sup> and 15<sup>th</sup>) in the Ron Caron Auditorium of the Almonte Old Town Hall. As of November 1, tickets are available in Almonte from Mill Street Books, Baker Bob's and 8008 Lingerie or online at [whostolechristmasfrommm.com](http://whostolechristmasfrommm.com). Early bird tickets are \$23 until November 15 and then they go up the chimney to \$28. If history is any indicator, they'll be flying of the shelf. And why wouldn't they?

— Heather Phaneuf



# rND Bakery: Beyond Wheat

Wherein the hero is identified, a disease is defeated and medicinal food is defined. All this in a thousand words and one picture! (For those coming in late, see my column in the October 2019 issue). Our story resumes with the reminder that celiac disease is a real disorder, not a preference or a sensitivity. It can be difficult to diagnose but even a small amount of (wheat) gluten can be the source of much and long-lasting misery.

by Sebastian Weetabix

Wheat and wheat processing played a key role in the development of urban societies. One need not go to Vienna to appreciate the cultural benefits of a mid-afternoon coffee accompanied by an example of a pastry chef's art. It is fitting, therefore, that the hero of this story is not a baker by tradition. Rather, he is a PhD microbiologist who moved to the field of food science. There he acquired a Master's degree and an interest in the concept of food as medicine. According to Will Spencer, "Medical doctors could not give a consistent definition of health". Modern medicine is good at treating acute problems but there is little systematic research on food as a programming language for long term health. In part this is a result of the structure of our academic enterprise. Research value is generally measured by the output of research papers. Rewards go to participants with the wit to take on problems that admit to short projects and publishable answers. The eminent chemist Keith Laidler once published a table showing the limits of research problems in chemical kinetics in terms of reaction times; at the upper limit was the "half-life of a graduate student". Real impact of research is a hard metric and one that does not necessarily produce a quick answer for the departmental promotion committee. Weetabix may comment further on this in another venue, but suffice it to say that people who want to achieve tangible results do not necessarily



A whole lot of research and development has gone into Smiths Falls' rND Bakery

stay in academe; Will didn't. His move, motivated by a desire to do something with a tangible impact on health, was not a half-baked fantasy.

Armed with a deep understanding of some of the basic issues and a love of baking going back to his childhood, Will decided to become a professional baker and to learn the practical realities of working with food. There is a lot of "art" to baking, and even in modern industrialized food systems the final process of converting ingredients to bread has a unique sub-culture. There are aspects of the process that are not totally documented, and even though very large bakeries can make a consistent product by rote, this is largely the result of forcing farmers and millers to produce a uniform industrial ingredient called flour. Wheat flour as we know it is shelf-stable and highly consistent in its behavior. It has been blended to uniformity and owes its stability to the removal of both the germ and bran — components that are both nutritious and troublesomely variable across different varieties of grain. Artisanal bakers who work with real whole wheat flour know that there is significant batch-to-batch variability, and that flours as received at the bakery can give significant variances in performance.

Experienced bread makers learn to make minor adjustments "on the fly" to make a fairly consistent product, or they work with a standardized flour — and once you leave the world of wheat, the practical lessons of working with grain varieties need to be relearned. So, back to Will, who decided to bake up batches of medicine in the form of breads.

First things first: learn the craft of baking at a commercial scale and don't forget that taste and texture define foods. Food as medicine cannot succeed on the "eat it because it's good for you" premise. In fact, a lot of food is eaten simply because it tastes good, and very little gets past the lips if it doesn't. Will's motivation was reinforced by fond memories of his mother's baking and the realization that he could combine palatability with real health benefits. The mother of a friend suffered from celiac disease and so the big idea acquired practical focus — taste, mouth-feel and a happy feeling could be delivered in a truly gluten-free bread. That was eight years ago... instant success takes time.

Learning how to bake at scale is essential. This is important because food has to be affordable and bakers have to eat. Basic arithmetic determines the scale (number of loaves and price per loaf) needed to support any bakery. The move from product to production is complex. Baking is both capital- and labour-intensive. Fortunately there is some camaraderie among bakers, and Will was able to learn "hands-on" from Morty White at Bagel Bagel — an artisanal producer that still manages to make an impressive volume of bagels.

With the basics under control, Will was able to use space in some established bakeries where he could do recipe development and learn the practical aspects of turning the recipes into a palatable product. For over three years, Will struggled with the variability of doughs and baking methods. Pat Graham (True Loaf Bakery) provided advice, perspective and encouragement. Obsessively working through the research and development phase, Will took three years to develop a product that was customer-proven in the only way that matters for food: it tasted great. People wanted it for itself — not just for its medicinal benefits.

Four years ago, the opportunity to repurpose part of an institutional kitchen in Smiths Falls brought Will and rND Bakery <rndbakery.com> to its present home where Will has continued to expand his offerings of gluten-free baked goods to a growing clientele in the Ottawa region. Look for rND Bakery products in health food and specialty stores. Beware: supplies are limited and they sell out quickly. Gluten- and yeast-free, Will's products have an interestingly short list of ingredients and no added preservatives. Weetabix confirms their shelf life is sufficient to get them from point of purchase to home. He is not celiac but enjoys good bread.

**3<sup>rd</sup> Annual**  
**Ladies Night** at **CEDAR HILL**  
 CHRISTMAS TREE FARM  
 www.cedarhillchristmastreefarm.com  
**FREE ADMISSION & PARKING**

**Thursday November 21 • 6:30–8:30PM**

Cedar Hill Christmas Tree Farm & Fulton's Pancake House and Sugar Bush present:  
**"Ladies Night" — An old fashioned evening of Christmas hospitality and warmth.**

**Door Prizes:**

- 6 pack of lift tickets to Mt. Pakenham
- Maple Luscious Scrub & Body Wrap Spa Treatment at Holtz Spa, Ottawa
- Spa Foot Treatment at Chateau Montebello
- And many more!

**Shop:**

- Handmade Christmas wreaths, planters and centrepieces
- Rustic Christmas gifts and ornaments
- Fulton's Organic Maple Syrup, Gourmet and Maple Luscious Bath & Body Products

**Tantalizing Samples of:**

- Sparkling apple cider
- Maple-kissed cheese ball
- Decadent brownies
- Mini maple cheesecakes

**Fun Stuff:**

- The first 50 ladies will receive a swag bag

Proceeds and cash donations will be given to Emily Bernier and her family. Emily has recently had her second kidney transplant and spent many weeks in CHEO.

**Celebrate the joy of Christmas with two branches of our family tree**

**Cedar Hill Christmas Tree Farm**  
 951 8<sup>th</sup> Concession South, Pakenham, Ontario

**fulton's** Pancake House & Sugar Bush

*The Granary's Annual*  
**CHOCOLATE PARTY**  
 SATURDAY NOVEMBER 30 2019 • 10-3  
 107 BRIDGE ST. CARLETON PLACE

**CHOCOLATE ALLEY BISTRO AT THE GRANARY**  
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**SANTA & MRS CLAUS AT CHASIN' TURKEYS BOWLING**  
 1-3 PM

**FREE HOT CHOCOLATE AT APPLE CHEEKS**

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**DOWNTOWN CARLETON PLACE**

**THE GRANARY**  
 SOUL & NATURAL FOODS  
 107 BRIDGE ST.

**DOWNTOWN BIA**  
 Carleton PLACE





School's over for the day, so it's time for an afternoon snack at Child Haven International's Kaliyampondi home in southern India. Help support this wonderful initiative by attending the fourth annual Mississippi Masala on November 23.

## Mississippi Masala Child Haven Fundraiser on November

It's time again for Mississippi Masala — the fourth annual festive evening in support of Child Haven International. Come on out for an enjoyable social and cultural evening!

On Saturday, November 23, you can beat the chilly weather by immersing yourself in warm South Asian culture. The Carleton Place Curling Club will be transformed for the evening: draped in the rich colours of Indian fabrics and featuring talented young Kathak dancers from the Upsana Dance School. Enjoy a delicious Indian/Bangladeshi dinner courtesy of Ottawa's Shafali restaurant. There will be a cash bar, including local craft beer kindly donated by Perth Brewery.

As in past years there will be a selection of beautiful one-of-a-kind items on the silent auction table, and an amazing array of handcrafted goods on sale from India, Nepal, Tibet and Bangladesh, all in support of Child Haven International. These items were individually selected by Bonnie Cappuccino during her trips to the Child Haven homes.

A new feature this year will be the Somerset Combo, local musicians who will add a background groove of upbeat jazz classics. As well, henna artists will be back by popular demand applying their ornate and beautiful henna designs.

The event will raise funds for Child Haven International, which operates nine homes for over 1,250 destitute children and

women in India, Nepal, Tibet and Bangladesh. Child Haven raises all of its funds from individual donors throughout Canada and around the world, and fundraisers such as Mississippi Masala go a long way to helping the charity meet its needs.

Founded in 1985 by Bonnie and Fred Cappuccino in Maxville, Ontario, Child Haven homes are unique in that they operate according to the philosophy and principles of Mahatma Gandhi. These include no recognition of caste, and the promotion of gender equality, non-violence, respect for all cultures and religious backgrounds, and simple living. Margaret Atwood is one of the well known patrons of Child Haven.

A remarkable couple, Bonnie and Fred have been awarded the Order of Canada for their inspiring and ongoing charitable work. They bring a message of hope and amazing stories about the children to whom they've provided a nurturing home and education, who go on to lead successful independent lives. Come and meet Bonnie and Fred at this year's event.

Organizers are thrilled to have Mississippi Masala emceed by Tran Cappuccino, son of Bonnie and Fred. In the past years Tran has visited all the children's homes in Asia with Bonnie, and he will have many fascinating stories to relay!

If you have ever considered volunteering overseas, this is a great opportunity to meet local people who can tell you about their memorable experiences as interns in Child Haven homes.

The event runs from 6–9PM on Saturday, November 23 at the Carleton Place Curling Club (120 Patterson Crescent). Families and children are welcome — a children's activity area will be set up on-site for the evening.

Advance tickets are \$25 per adult. Tickets at the door will be \$30. Children under ten are free. Tickets are available from the Child Haven website at <childhaven.ca> or locally from Jane Hamilton at <janehamilton@live.ca>.



THURSDAY, NOVEMBER 14  
1PM–8PM



.....

# Get All Wrapped Up

*in Downtown  
Carleton Place*

Shop, sip and dine  
in Downtown Carleton Place  
on Thursday, November 14  
from 1–8PM.



Join us  
in Downtown Carleton Place  
for our annual  
**SANTA CLAUS PARADE!**  
"AN OLD-FASHIONED  
CHRISTMAS"

SATURDAY, NOVEMBER 23, 2019  
5:00PM

Register your float today!  
[www.downtowncarletonplace.com](http://www.downtowncarletonplace.com)



For more information visit [downtowncarletonplace.com](http://downtowncarletonplace.com)

  Follow us on social media @downtowncarletonplace



# Remembering Reva Dolgoy

I first met Reva Dolgoy when I was a toddler. She was volunteering alongside my mother at the Victoria School Museum in Carleton Place and, being the keen little helper that I was, I would often accompany my mother to the work sessions there. Upon first impression, Reva was to me, a grand woman. Tall, thin, pioneer-skirt-wearing, and with the most fabulous big smile. Her kindness was infectious, and I always felt like my heart was wrapped in a warm hug whenever I was around her. Her presence to me became synonymous with the museum, so much so that I called it "Reva's House."

As an adult reminiscing on those days some thirty years ago, it is of no surprise to me that this is where Reva chose to spend her time. She was always an advocate for the arts, for culture and for education. From saving heritage buildings to making her own pottery, Reva was passionate. And that passion was inspirational.

As my sister Sonja and I grew older we became heavily involved in the arts — Sonja with her singing and acting, and I with my piano and backstage work. We both had recitals locally and participated in school productions. If Reva knew about it, she'd be in the audience cheering us on. When the time came to apply to universities, and with both of us wishing to pursue the arts, Reva was our biggest champion. Whether sitting in a chair in our living room enjoying a house concert or behind a table as a board member for arts bursaries, her support and encouragement meant the world to us.

My relationship with Reva continued to grow after high school when I left for the National Theatre School of Canada. During visits home I would always be sure to pop in on Reva and bring her up to date with the theatrical goings-on in my life. There was something so calming about those visits with her. Her place would be immaculate. There would be art *everywhere*. The radio would be on in the background (always CBC), and the kettle would boil, ready to make the usual pot of Bengal Spice tea — affectionately dubbed "Reva Tea" in our household. We would sip away while yammering on about the theatre scene in Montreal, which Russian director I was working with, and was I enjoying the theatre history class taught by novelist Francis Reid? Her knowledge of the Canadian theatre and arts scene always amazed me. She was like Yoda, giving out sage wisdom that perfectly fit my career path.

With her husband Leonard requiring more care, Reva eventually moved to Toronto to be closer to her sons. I had graduated theatre school and also found myself living in the Cabbagetown neighbourhood of Toronto — just a short walk from Reva. We would set up visits periodically. A new apartment but still the same signature Reva vibe. Great art on the walls (including her own work), the CBC in the background, and as always, the Bengal Spice tea at the ready. The conversations shifted as the years went by. Less was spoken about my career and more time was taken for personal dialogues. We discussed the important things: love,

family, health, happiness. She would often joke that her age made her wise in all of these matters, and I always agreed.

When I left Toronto and moved to Almonte, it felt like returning to the "Land of Reva" in a way. I always smile while walking past her old house on Euphemia street, and I half expect to see her every time I reach the top of those steps in the Old Town Hall! The memory of her and the initiatives and community she built during her time here is still very strong.

The last time I visited Reva was earlier this year. She was in her room lying on her bed when I walked in. She turned to look at me, and her whole face lit up. Even though she was in her nineties, she still recognized my face and remembered exactly who I was. She kissed me on the mouth and grabbed my hand, ordered me to sit beside her and tell her everything — her fabulous big smile lighting up the room.

— *Monika Seiler*

Reva, to me, was a unique hybrid of mentor, friend, and surrogate grandmother. Being in her presence felt magical somehow, like the richness of the life she lived and intentionally cultivated was as potent and nourishing as the tea she poured you when you went to visit her. I think of her every time I drink Bengal Spice. That richness nurtured her wisdom and insight, which she bestowed upon us (my sister and me) like delicious (if straight-forward) medicine. Her keen observations,



Beloved by many in Almonte and beyond, Reva Dolgoy (pictured here with her late husband Len) recently passed away in Toronto. Thanks to her sons Avy and Sholem for the photo, and to Monika and Sonja Seiler for sharing their memories of Reva.

dry wit and ever-present eye sparkle had the combined effect of making me feel like whatever creative talents I had to offer the world *must* be shared. Under her care, it was not an option to dim your light. She was my forever champion, and I remain forever in awe of her powerhouse ability to move souls and mountains at both the personal and community level. I would not have the access or confidence I do to my biggest dreams were it not for her fierce love and support. I will miss her greatly.

— *Sonja Seiler*

## CELEBRATE CHRISTMAS WEEKEND IN MISSISSIPPI MILLS - DECEMBER 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup>

### Light up the Night

Downtown Almonte - Friday December 6<sup>th</sup>

Join us on Mill Street in Almonte for a wintery open air celebration featuring live music and a breathtaking fireworks display. Hosted by Tracey Prescott Brown with Jordan McIntosh, Alison Postma, Vicki Brittle, Voices of Praise and Cedar Hill Sunday School Choirs. We can't forget our extra special guests: the Christmas puppets, the Twinkle Fairies, the Snow Queen and of course Santa Claus himself!



Call 613-256-1077 for information

### Pakenham Santa Claus Parade

Saturday December 7<sup>th</sup>

Our traditional Christmas parade leaves from the Stewart Community Centre parking lot at 1:00<sup>PM</sup>



Sunday December 8<sup>th</sup>

Our parade of lights leaves from the Almonte Community Centre parking lot at 5:00<sup>PM</sup>

Make sure your float is well lit! Music is encouraged!

Almonte Scouts will collect for the food bank along the route

### Almonte Christmas Night Parade

Our 2019 Theme is "Parade of Christmas Trees" for both parades. Fill your float with outrageous, fun, & colourful Christmas Trees! Remember Almonte is a night parade so make sure they are well lit!

### SUPPORT LIGHT UP THE NIGHT - DON'T MISS OUR CHRISTMAS CRAFT & VENDOR SALE ONE DAY ONLY - SUNDAY NOVEMBER 3<sup>rd</sup>, 10am to 4pm

You're sure to find something for everyone on your Christmas list with more than 20 vendors selling unique gifts, beautiful handmade crafts and delicious treats! Purchase your Light Up the Night limited edition winter toque while they last! **Almonte Curling Club, 182 Bridge St.**





Hear the West Ottawa Ladies Chorus in concert on December 6 and 7

## Wintertime Cheer

If you're looking for a way to start your Christmas season off in a happy, uplifting mood, you couldn't do better than to come and enjoy a selection of beautiful carols and seasonal songs presented by the West Ottawa Ladies Chorus. The venue is St. Paul's Anglican Church in Kanata and the concert dates are Friday, December 6 at 7PM and Saturday, December 7 at 2:30PM.

This year's concert features three selections by the well-known composer John Rutter, including the very beautiful *Candlelight Carol* with its soaring lyrical melodies. Then there's the fast-moving rhythms of *The Sleigh*, full of Russian energy and abandon. The quiet landscape of *Amid the Falling Snow* takes us to a new place and leads us to the fun of *Christmas Tree Angel*. There's also the possibility that a couple of Celtic instrumental surprises will liven things up! The audience will get the chance to sing along with *Chestnuts Roasting on an Open Fire* (among others), and all of these songs are complemented by the playing of the choir's excellent accompanist, Peter Brown.

This 40-voice, auditioned community choir is known for its carefully chosen selection of music, the enjoyment of singing which members share with the audience, and its disciplined approach — all of which result in a musical experience of great satisfaction. The Ladies Chorus was founded in 2012 by its present conductor, Robert Dueck, who has nurtured the musical skills of the choir to its present high standard. Anyone interested in joining the Chorus can first consult the website, and then contact <westottawaladieschorus@gmail.com> to arrange an audition.

Tickets and information are available at <westottawaladieschorus.ca>.

— Barb Bottriell

## Deck the Small Halls Special Music for the Holiday Season!

Get festive in small halls across Eastern Ontario! The Ontario Festival of Small Halls is bringing big names in music to even more special places this holiday season.

The Festival is growing its holiday offerings, presenting thirteen shows leading up to Christmas that include two Juno-nominated artists: the undeniable musical talent of **Royal Wood**, as well as the dynamic live performance and unforgettable harmonies of the **Fortunate Ones**. They are also delighted to bring back **Còig**, one of Atlantic Canada's



This holiday season, the small halls will be decked with the likes of Còig (above), Royal Wood, the Fortunate Ones and The Once

premier traditional groups, known for their driving tunes, haunting songs and infectious energy during explosive performances. Newfoundland's own **The Once** will again fill beloved halls with their modern indie folk take on the holidays — with fun stories thrown in for laughs and good measure.

Small Halls is also at the big hall in partnership with the NAC, presenting extraordinary evenings of music featuring **A Winter's Night** with Donovan Woods and The Opposition, Skydiggers, Basia Bulat and the legendary Matt Andersen & Friends, with special guest appearances by Terra Lightfoot, William Prince and Joey Landreth.

"These holiday shows are a chance to gather together, celebrate community and

dive into the season's festivities," says the Festival's General Manager Kelly Symes, noting this is the fourth year of bringing holiday-themed performances to beloved venues, and is the biggest series yet.

Symes adds that the cherished halls and brilliant Canadian artists create an unforgettable festive experience during this heartwarming time of year. Take a break from the holiday hectic and get cozy — celebrate comfort music and the warmth that special places can bring when discovering new music and reveling in authentic award-winning Canadian artists.

Tickets are on sale now! Please visit <ontariosmallhalls.com> or call 402-1425 for more information or to purchase.

# Who Stole Christmas from Mississippi Mills?

HUMM Team Productions

PRESENTS

a hilarious holiday musical parody featuring

Ed Lawrence of CBC Radio

Mike McCormick of The Arrogant Worms

Moreen Young & Stephen Brathwaite Puppeteers

and a host of other awesome puppets and people in costumes designed by Ingrid Hamster

\$23

Early Bird Special\*  
November 1-15, 2019

\$28

Price as of  
November 16, 2019

Thursday, December 12 | 7:30 p.m.

Friday, December 13 | 7:30 p.m.

Saturday, December 14 | 2:00 p.m. & 7:30 p.m.

Sunday, December 15 | 2:00 p.m.

Tickets available online & in Almonte at:

Mill Street Books | 52 Mill Street

Baker Bob's | 75 Little Bridge Street

8008 Lingerie | 14 Mill Street

A fundraiser for the United Way.



WhoStoleChristmasFromMM.COM





## Living Stones Christmas Sale

John Schweighardt will be hosting his eighth annual Christmas event on December 7 at his studio situated just northwest of the village of Lanark. A renovated century-old log horse stable, Schweighardt's studio will be open for one day only as he offers his customers 20% off any stone sculpture they purchase that day.

Come out and enjoy a leisurely drive in the country and give yourself an opportunity to purchase a unique piece of art carved from Canadian (95% Ontario) stone, and enjoy great refreshments from local artisans — charcuterie with local cheeses, cider, wine, chocolate and more.

The Living Stones Christmas Sale will take place on Saturday December 7 from 10AM to 4PM at 1787 3<sup>rd</sup> Concession Dalhousie, in Lanark. Find details and directions at <livingstonessculptures.ca>.



# Guatemala Stove Project's Annual Fundraising Dance

Come on out and dance for a great cause! On Friday, November 15, the Guatemala Stove Project is hosting a fundraising dance featuring the talented local band Open Road playing rock & roll from the '60s, '70s and '80s that will have you up on your feet and dancing all night! This annual fundraiser will also feature a silent auction of unique items crafted by local artisans or donated by local businesses.



The volunteer-based Guatemala Stove Project is continuing its efforts to raise funds for the construction of masonry cook stoves for impoverished rural Maya families. Over 6,900 stoves have been built so far, creating a lasting legacy for rural families in the western highlands of Guatemala. Consider that a single stove extends the lives of each family member in a household by 10–15 years and reduces the amount of firewood needed by half, which helps to preserve the country's precious forests.

The Guatemala Stove Project also supports sustainable development projects in over a dozen communities and issues micro-loans to indigenous women to start small businesses that will help lift them out of poverty. The organization recognizes the importance of education in creating opportunity and hope for the future. It provides

Come on out and dance on November 15, and consider volunteering to help build masonry stoves in Guatemala

scholarships to a number of students who would otherwise not have this opportunity.

You've heard about the GSP and maybe you have even made a donation in the past. Now is the time to show your support for the indigenous people in Guatemala. Bring your dancing shoes to the Perth Civitan Club for this fantastic licensed fundraising event! Mark the date on your calendar and get your tickets — only \$20 at Tickets Please in Perth (ticketsplease.ca or 485-6434), at Coutts Coffee, from GSP volunteers or at the door. Civitan Hall doors open at 7PM and the band starts playing at 8. For more information, please call 267-5202 or visit <guatemalastoveproject.org>.

**The Great Bijoux Bash**  
For healthcare

## ONLINE AUCTION

starts November 15  
ends November 30 at 5pm

[almontehospitalfoundation.com/bijouxbash](http://almontehospitalfoundation.com/bijouxbash)

You can participate by dropping off gently used jewellery, purses, hats and scarves at the following businesses:

- ▲ Dandelion Foods, 451 Ottawa St, Almonte
- ▲ Gilligallou Bird, 14 Mill St, Almonte
- ▲ Almonte General Hospital Fairview Manor Foundation, 75 Spring St, Almonte

For more information: Louise Beckinsale  
lbeckinsale@agh-fvm.com 613-256-2514 ext 2296

# Close to Home Marketplace

Saturday, November 16, 2019

**10 am - 3 pm**  
Almonte General Hospital  
75 Spring Street

*Enjoy* Local vendors  
Bake table, Tea and Coffee,  
Secondhand Gems, Used book table  
"Pick-a-prize" Auction

For more information contact: Cheryl Moore,  
cmoore@agh-fvm.com ♦ 613-256-2514 ext 2610

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# 2019 Heritage Perth Christmas House Tour

## Fourteen Years of Holiday Cheer & Fundraising for Education and Literacy

We all have favourite traditions to lighten our hearts as the daylight hours shorten and the temperatures fall. The annual Heritage Perth Christmas House Tour is one such joyful occasion to break up the winter months. For 2019, the Perth and District Chapter of the Canadian Federation of University Women (CFUW) has once again lined up an incredible selection of eight homes, transformed for the holidays with inspiring festive décor presented by talented local designers and florists. The popularity of this tour has continued through the years, attracting those interested in local history, home construction, heritage conservation, restoration, remodeling and seasonal decorating.

An exciting aspect of the 2019 house tour is the close proximity of all eight houses. It is not always possible to minimize driving, but this year you'll be especially pleased with the route and the variety

of homes, including traditional stone farmhouse, elegant Victorian, country bungalow, modern green design and former carriage house. The delightful heritage town of Perth is a destination in itself, with streetscapes crafted by Scottish masons in the early 1800s now housing pubs and restaurants, breweries, galleries and artisan shops, bed and breakfast establishments and a variety of other attractions.

Not only is the house tour great fun, it is a significant fundraiser that supports local women in their pursuit of advanced education and contributes to literacy and other educational initiatives in local schools and libraries. Since the tours began fourteen years ago, over \$225,000 in proceeds have been distributed throughout the Lanark County area.

It literally takes a village — or rather, a town district — to pull off an event of this magnitude. The homeowners who open their doors to 800 or more visitors over the course of two days make the greatest contribution by entrusting their properties to us. Local businesses invest as advertisers, sponsors, decorators and florists, and provide gift certificates that are raffled off to augment the profits. Talented musicians donate their time to entertain visitors while they tour the homes. The Perth BIA and Chamber of Commerce actively integrate the event into other Christmastime festivities and promotions. When it comes to the actual tour weekend, so many volunteers are needed in the eight homes that CFUW members prevail upon friends and family from all around to lend a hand. Finally, we couldn't hold this

annual house tour without the avid participation of our ticket-holders! Thank you one and all for your support.

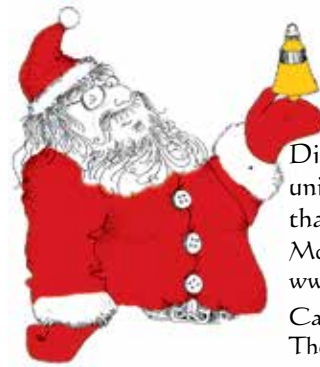
House Tour tickets are \$30 each again this year. They may be purchased online from Tickets Please <ticketsplease.ca> or in person from a number of locations listed at <cfuwperthanddistrict.wordpress.com/2019-house-tour/> and in the ad on page 19 of this issue. If these options are not available to you, please call CFUW member Isabel at 326-0437 or email <cfuw.perth@gmail.com>.

— Mary Rothfels



This unique house is one of eight exceptional homes participating in the 2019 Heritage Perth and District Christmas House Tour, a community fundraiser taking place on December 7 and 8

## The Nick of Time Artisan Show



Discover a fine selection of unique gifts created by more than 20 new and returning artisans. More info at: [www.facebook.com/nickoftimePerth](http://www.facebook.com/nickoftimePerth) Cash donations will be collected for The Table — Perth's Food Bank


FREE Admission..... FREE Refreshments..... FREE Draw

10:00 am — 3:30 pm  
Saturday, December 7<sup>th</sup>  
McMartin House  
125 Gore St. E., Perth

**mill**  
mill street fashions  
*One year Anniversary!*  
**Get 20% OFF**  
any one item in November  
if you mention this ad.  
114 John Street, Arnprior  
[www.millstreetfashions.com](http://www.millstreetfashions.com)




A Fusion of Fashion & Art  
November 5 to January 10  
**RED**



**Strevé** Design Studio Boutique + Gallery  
64 Gore St E Perth (behind the TD Bank)  
[strevedesign.com](http://strevedesign.com) 613-267-0230





# Heritage Perth invites you to

This holiday season, take a turn off of Hwy 7 and you'll quickly discover one of Eastern Ontario's best hidden secrets: the charming small town of Perth. Perth has an established creative marketplace where you can shop for anyone — including yourself. From custom-made purses and local artists' paintings to treasured finds from afar, both locals and visitors use Perth's retail base as their shopping hub — especially for the holiday season.

Founded as a military settlement along the Rideau Corridor following the War of 1812, Perth is surrounded by the Tay River which was built off Big Rideau Lake. Scottish, Irish, British and European immigrants built a town using gorgeous stone architecture that remains Perth's foundation today.

While history is a big part of Perth's story, that doesn't mean it is a sleepy community. In fact, Perth is buzzing with activity. From award-winning chefs plating Frenched Chicken Breast with Ontario peach and cranberry chutney to bartenders pouring local craft beer and spirits, Perth's restaurant and pub scene is well known throughout Eastern Ontario. Perth is also home to two local breweries and a distiller, and daily tours and tastings are a visitors' highlight.

If you're ready to Explore our Backyard here in Perth, Ontario, staff, residents and business owners alike would love to see you. Visit [perth.ca/calendar](http://perth.ca/calendar), or better yet, talk in person by calling the Visitor Information Centre at 1-866-326-1947.

## November Events in Heritage Perth

- Nov. 2, 3, 9, 10, 16, 17, 23, 24, 29 **Public Skating** at the Perth Arena
- Nov. 8-10 **One Act Play Festival** hosted by the Studio Theatre
- Nov. 9 **Bake Sale** at Perth Library; **Thomason & Sullivan** at St. Paul's United Church
- Nov. 11 **Remembrance Day Ceremonies** at the Cenotaph
- Nov. 14-17 Perth Community Choir presents **Shrek: The Musical** at the PDCI Mason Theatre
- Nov. 14, 21, 28 **Merry & Bright on Thursday Nights** shopping events in downtown Perth
- Nov. 17 **Christmas Craft Show** at the Perth Civitan Club
- Nov. 22 **Martini Madness** in downtown Perth
- Nov. 27 **CP Rail Holiday Train** at Herriott & Sherbrooke Streets, with Scott Helman and Madeline Merlo
- Nov. 29-Dec 15 **Little Red Riding Hood** at Full Circle Theatre
- Nov. 30 **Festival of Good Cheer** in downtown Perth



**Holiday Train**  
in Perth, Ontario  
November 27<sup>th</sup>, 2019  
Train arrives at 7:40 pm  
Entertainment from 8-8:30 pm  
Featuring Music Performances by  
Scott Helman and Madeline Merlo


**Healthy Food Donations being accepted by The Table**  
Located at the old train yard near the junction of Herriott St & Sherbrooke St East  
For more information visit [www.perth.ca](http://www.perth.ca) or call 613-267-3311

FOR THE MONTH OF DECEMBER, PERTH MUSEUM PRESENTS

## HOME FOR THE HOLIDAYS in the Matheson House

WE INVITE YOU TO EXPERIENCE THE SIGHTS,  
SOUNDS AND SMELLS OF THE HOLIDAYS AS  
YOU STEP BACK IN TIME THIS SEASON.

OPEN DAILY 10-6 | CLOSED DEC 25-27



CALL 1-613-267-1947 OR VISIT [WWW.PERTH.CA](http://WWW.PERTH.CA)

## Holiday On The Tay

Celebrate  
Christmas  
in Perth!

- November 14 | 5 - 8 PM  
Launch of Merry & Bright  
on Thursday Nights
- November 22 | 5 PM Start  
Martini Madness
- November 30 | 10 AM - 5 PM  
Festival Of Good Cheer
- December 6 | 6 - 9 PM  
The Festival Of Lights
- December 7 & 8 | 10 AM - 3 PM  
CFUW Heritage  
Christmas House Tour
- December 13 | 7:30 - 9 30 PM  
The Ennis Sisters  
Christmas Concert
- December 14 | 10 AM - 12 PM  
Christmas Palace

DOWNTOWN HERITAGE PERTH BIA  
[DOWNTOWNPERTHBIA.CA](http://DOWNTOWNPERTHBIA.CA)



# Explore our Backyard!



## December Events in Heritage Perth

Dec. 1, 9, 14, 15, 21, 22, 28, 29	<b>Public Skating</b> at the Perth Arena
Daily	<b>Home for the Holidays</b> at Perth Museum
Dec. 1	<b>Perth Farmers' Christmas Market</b> at the Crystal Palace; <b>Seniors' Christmas Dinner</b> at Perth Civitan
Dec. 4	<b>Men and Women of the Tay Christmas Concert</b> at St. James the Apostle Anglican Church
Dec. 5, 12, 19	<b>Merry &amp; Bright on Thursday Nights</b> shopping events in downtown Perth
Dec. 6	<b>Festival of Lights</b> with fireworks at the Crystal Palace; <b>Mistletoe Market</b> at Carolina Retirement Res.
Dec. 7	<b>Santa Claus Parade of Lights</b> in downtown Perth; <b>Nick of Time Artisan Show</b> at McMartin House
Dec. 7 & 8	CFUW 2019 <b>Heritage Perth &amp; District Christmas House Tour</b>
Dec. 13	<b>The Ennis Sisters</b> concert at St. Paul's United Church
Dec. 14	<b>Christmas Palace</b> children's choirs and Santa at Crystal Palace
Dec. 14, 21	<b>Crystal Palace</b> in Perth open for viewing <b>decorated Christmas Trees</b>
Dec. 17	<b>Perth Citizens' Band Christmas Concert</b> at St. James the Apostle Anglican Church
Dec. 20	<b>The Man Who Invented Christmas</b> at Studio Theatre
Dec. 21	<b>Splash'N Boots</b> performing <b>Jingle Boots</b> at the Studio Theatre
Dec. 25	<b>Perth Community Christmas Day Dinner</b> at Code's Mill
Dec. 31	<b>New Year's Eve Dinner</b> at Perth Manor

Find out about more Perth events by visiting [www.perth.ca](http://www.perth.ca) and viewing the Calendar of Events

**Christmas**  
With The  
**Ennis Sisters**  
DEC 13 • 7:30 PM

**ST. PAUL'S UNITED CHURCH**  
25 GORE ST. W. AT DARCY ST ENTRANCE

TICKETS \$35 • RESERVED SEATING  
TICKETSPLEASE.CA • 613-485-6434

STEWARTPARKFESTIVAL.COM

Canadian Federation of University Women  
Perth & District Annual Fundraiser

**CFUW Heritage Perth  
Christmas House Tour**  
December 7 & 8, 2019  
10:00 a.m. to 3:30 p.m.

*Eight unique homes, beautifully decorated for the holidays by local designers and florists*

**Tickets:** \$30 (cash or cheque only) available at

- Perth Home Furniture** 18 Gore St. E., Perth 613-264-9876
- Elizabeth Interiors** 8 Chambers St., Smiths Falls 613-283-7581
- Tara Natural Foods** 81 Princess St., Kingston 613-546-4439
- Windsor's Courtyard** 211 St. Lawrence St., Merrickville 613-269-2999
- The Blossom Shop** 167 Bridge St., Carleton Place, (613) 257-1855
- Tivoli Florist** 282 Richmond Rd., Ottawa 613-729-6911
- Crush Marketplace** 14 Mill St., Almonte 613-461-2211
- Dockside Living, The 1000 Island Shoppe** 6 Broad St., Brockville 613-865-7328

**On Line** at [ticketsplease.ca](http://ticketsplease.ca) (credit cards accepted)  
Or Call Isabel at 613-326-0437

For details, visit [www.cfuwperthanddistrict.wordpress.com/2019-house-tour](http://www.cfuwperthanddistrict.wordpress.com/2019-house-tour)



The Municipality of Mississippi Mills is proud to support

# The Art of Festivals

## HOLIDAY STREET MARKET

November 14, 2019, 5-9pm  
Almonte

Kick off your holiday shopping in Downtown Almonte! Featuring good cheer, in-store specials, giveaways, demos, refreshments and good old Almonte fun.

## Pakenham Country Christmas

November 30, 2019,  
10am-5pm, Pakenham

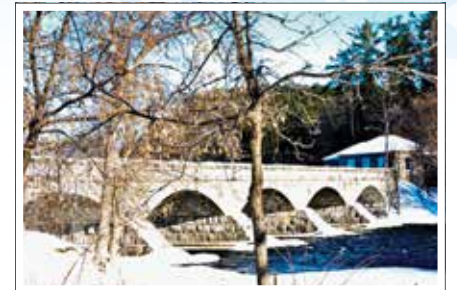


Photo by Cheryl Baxter

Visit our quaint village to experience the true spirit of Christmas. Breakfast with Santa, then head down the street for Christmas baking, pony rides, festive carols, and the opportunity to pick up unique gifts for everyone on your list.



Photo by DeSo Photography

## Light Up the Night

December 6, 2019, 7pm  
Almonte

Celebrate 28 years of this iconic Christmas kick-off event. Join Tracey Brown Prescott & Friends and a crowd of several thousand people sharing the holiday spirit on Mill Street in the heart of Downtown Almonte.

[lightupthenightalmonte.com](http://lightupthenightalmonte.com)

## SANTA CLAUS PARADE

December 7, 2019, 1pm  
Pakenham



## Parade of Lights

December 8, 2019, 5pm  
Almonte

FREE skating, hot dogs, hot chocolate and visits with Santa. This year's theme is Parade of Christmas Trees. Enjoy floats filled with colourful, themed or outrageous Christmas trees!

[www.exploremississippimills.ca](http://www.exploremississippimills.ca)



December 12-15, 2019  
Almonte

A hilarious holiday musical parody featuring CBC's Ed Lawrence, Mike McCormick from the Arrogant Worms, and a host of other talented puppets and people! [whostolechristmasfrommm.com](http://whostolechristmasfrommm.com)



## Pakenham Frost Festival

January 2020  
Pakenham

Winter fun with many events for all to enjoy! Dress warmly and bring the whole family — there's something for all ages. [www.exploremississippimills.ca](http://www.exploremississippimills.ca)

## Kintail Country Christmas

December 14, 2019,  
11am-3pm  
Mill of Kintail



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Call 613-256-3610 x 2 for details. [www.mvc.on.ca](http://www.mvc.on.ca)

For more information, please contact The Mississippi Mills Recreation Department at 613-256-1077, [info@mississippimills.ca](mailto:info@mississippimills.ca) or visit [www.exploremississippimills.ca](http://www.exploremississippimills.ca)



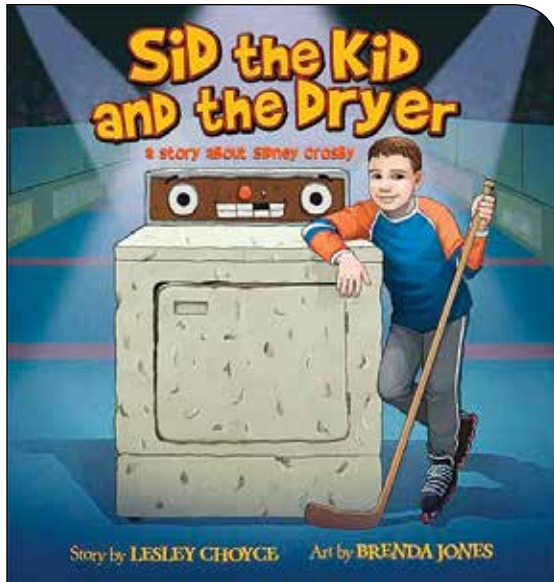
# Author, Author!

## Lesley Choyce & Charlotte Gray in Almonte

Author **Lesley Choyce** is coming to Almonte to meet some of the folks who loved his book *The Unlikely Redemption of John Alexander MacNeil*. With over 535 copies sold locally, it's a Mill Street Books bestseller, beloved for its characters and Cape Breton setting.

Come out on November 12 and celebrate the launch of his new novel, *Broken Man on a Halifax Pier*. It's a tale of one man's shipwrecked life and an unlikely crew of rescuers. Charles Howard has lost his job, been swindled out of his life savings and is standing by the edge of Halifax Harbour on a foggy morning, contemplating his dismal future when he is interrupted by the appearance of the mysterious and beguiling Ramona Danforth. And so begins a most interesting relationship. On a whim, Charles asks Ramona to drive him to his childhood home, Stewart Harbour, a fishing village far down Nova Scotia's remote Eastern Shore. And now that he's returned, the past starts catching up with him in ways he could never have imagined.

Lesley Choyce will also be signing copies of *Sid the Kid and the Dryer* — an imaginative interpretation of the history of Sidney Crosby's famous dryer — now a popular attraction at the Nova Scotia Sport Hall of Fame. This picture book will appeal to young readers and sports fans alike. An afternoon presentation and signing will take place on Tuesday, November 12 from 1:30-2:30PM at the Almonte United Church. Doors will open at 1PM; no reserved seating. An evening re-



Lesley Choyce comes to town on November 12 to launch his new books *Broken Man on a Halifax Pier* and *Sid the Kid and the Dryer*

ception and book signing will take place from 7-8PM that evening at Curious and Kind at 12B Mill Street (behind the Heritage Court). For further information call Mill Street Books at 256-9090.

Award-winning biographer and popular historian **Charlotte Gray** will be in Almonte to make a presentation about her latest book, *Murdered Midas*, which explores the story of the infamous Sir Harry Oakes. The book traces the life of a man who was both reviled and admired — from his early hardscrabble days of mining exploration to his explosion of wealth and his grandiose gestures of philanthropy. Gray brings fresh eyes to the bungled investigation and shocking trial in the remote colonial island streets, proposing an overlooked suspect in this long cold case. *Murdered Midas* is the story of the man behind the newspaper headlines, who, despite his wealth and position, was never able to have justice.

This event will take place at 1:30PM on December 1 at the Almonte Old Town Hall. Tickets are \$36 (including the book) or \$10 (for entry only). Contact Mill Street Books at 256-9090 for further information.



Charlotte Gray will be in Almonte on December 1

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Christmas in the Valley Artisan Show

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**Who Stole Christmas from Mississippi Mills?**

WhoStoleChristmasFromMM.COM



# All Aboard: Much Afoot in Smiths Falls

When the inevitable chill and early dark of November set in, I turn to the most elemental of comforts: good books and warm sweaters, crockpot chili and grilled cheese sandwiches, movie marathons and hosting friends for a music night on a rainy Friday. We all have our autumn traditions. To stave off dampened moods. To rest and relax. It's a good thing, too, that

by John Pigeau

there are plenty of fun and interesting events happening in Smiths Falls in November — to keep us busy, entertained and amused, to warm up and raise our spirits, to leave the office keys at the office and have some fun.

You'll be able to see some truly beautiful works of art at the Smiths Falls Heritage House beginning in early November, when it hosts the 38<sup>th</sup> annual **Art Show and Sale**. On display will be works created by more than 25 local artists and artisans. And there will be art for every taste — whether you prefer sculpture or impressionism, landscapes, or still life studies, you'll quite likely be delighted and astonished by the wide variety of works available. Admission to show, which runs from November 3 until December 15, is free, but donations to the Heritage House Museum are always appreciated. For more information and updates, contact 283-6311 or <heritagehouse@smithsfalls.ca>.

There's lots of live music on the bill for November. Fans of Hank Williams might

wish to see **Hank Williams Revisited** at the Station Theatre on November 8. The show is an authentic tribute to the legendary singer, inspired by his 1950 tour, featuring some of his best songs — *Your Cheatin' Heart*, *Hey, Good Lookin'*, and *I'm So Lonesome I Could Cry* among them. The show starts at 8PM at the Station Theatre. Tickets are \$25 and available by cash only at the box office the night of the show. Good night to warm your *Cold, Cold Heart*.

On the 15<sup>th</sup> and 16<sup>th</sup>, November movie weekend at the Station Theatre brings the critically acclaimed documentary *Maiden* to the big screen. *Maiden* tells the story of Tracy Edwards, a 24-year-old cook on charter boats, who became skipper of the first all-female crew to enter the Whitbread Round the World Race in 1989. It's a gem. Tickets are \$10 for adults, and \$5 for students (with ID), cash at the door. The box office opens at 6PM, the film starts at 7.

Fans of The Eagles may wish to check out a tribute show to the band when **New Kid in Town** visits the Gallipeau Centre Theatre on November 15. This talented Canadian tribute band will skillfully reproduce most of the legendary American band's monster hits, and some solo ones too by Glen Frey, Don Henley and Joe Walsh. The show starts at 8PM, and there will be a licensed bar and canteen. Advance tickets are \$34.50 — online at <gallipeaucentretheatre.com>, or by calling 284-9916. Tickets at the door are \$39.50.

Ottawa pianist and composer **Tim Nast** will showcase songs from his latest album, *Here*, in concert at the Westminster

Church on November 16. The show is being billed as an intimate evening of instrumental music (solo piano), melody, and being in the moment. It begins at 7:30PM, and tickets are \$20. For more information, phone 647-234-1995 or visit <timnast.com>.

You might be feeling a bit Christmas-y by November 23, just in time for the kickoff of the 6<sup>th</sup> annual **Celebration of Lights** in Smiths Falls. This year the event has a new venue — Centennial Park — which will be lit with thousands of Christmas lights beginning on opening night, and all are welcome to stroll through the park for some holiday cheer and inspiration. The trees will stay lit until December 23. After that, every beautifully decorated tree will be donated to a family in need in the community. Enjoy the sparkly good cheer!

That same Saturday (as well as Sunday), why not gather the family and take a trip on the **North Pole Express**?! The Railway Museum transforms into the North Pole for this fun, family, rail-focused event. Hop aboard one of the Christmas cabooses for a ride on the snowy tracks. Later, the kids can help Santa's elves make a toy, decorate an ornament, or help trim the trees. Santa, meantime, will be arriving by rail and will be cheerfully posing for photos with all the good girls and boys. This festive weekend takes place at the Railway Museum of Eastern Ontario on November 23 and 24, from 11AM to 3PM both days.

On November 27<sup>th</sup>, the **CP Holiday Train** stops in at the Victoria Street station for a special concert and to raise money



The CP Holiday Train stops in Smiths Falls on November 27

for local food banks. The concert features free performances by Madeline Merlo and Scott Helman, who will be playing and singing a mix of traditional and modern holiday-themed songs. Those attending are encouraged to bring donations of non-perishable, heart-healthy nutritious food, or to make a monetary donation. Arrival time in Smiths Falls is set for 6:20PM. This train's arrival is one of the seasonal highlights of the holidays for many folks, and it's always so wondrously decorated, you won't want to miss it!

Capping off the busy month, this year's **Christmas in the Rideau Craft Sale** runs from 9AM to 1PM at the Gallipeau Centre on November 30. An annual tradition, proceeds from this year's sale are in support of Hinton's Build A Mountain of Food campaign — a good time to support the community, pick up a gift or two, and get into the giving spirit of the holidays, indeed. Contact Barb Wiloughby (978-0447) for details.

Bundle up and have a pleasant November, everyone!

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# Come to the Christmas Artisan Market!

If you are looking for thoughtful one-of-a-kind gifts for this holiday season, the 2<sup>nd</sup> annual Christmas Artisan Market will be sure to please. Hosted by the Smiths Falls & District Arts & Culture Council, this event will be held on Saturday, November 9 from 10AM to 3PM at the Smiths Falls District Collegiate Institute (299 Percy Street in Smiths Falls). Admission is free!

There will be over thirty local artisans showcasing their wares, which will include woodworking, jewellery, paintings, glassware, pyrography, clothing, bath and beauty products, ornaments, yummy treats and so much more! You'll also find several student artists and the delicious food of the hospitality students at the SFDCl. Find more details at <smithsfallarts.ca>. Shop local and support handmade this holiday season!



Find beautiful gifts — like this lovely necklace by Deborah Fortin — at the Christmas Artisan Market in Smiths Falls

## Seeing RED at Strévé

The fusion of fashion and art through the colour red is the next themed exhibit at Perth's Strévé Design Studio Boutique Gallery, taking place during the months of November and December.

Red is the colour of fire and blood, so it is associated with energy, war, danger, strength, power and determination as well as passion, desire and love. Red is a very emotionally intense colour. For the months of November and December, we associate red with Remembrance Day poppies and festive holidays such as Christmas. In Chinese culture, red is the colour for good luck. In Indian culture it symbolizes purity and is often used in wedding gowns.

In the gallery, Linda Banfalvi will explore the personality of the colour red through her abstracted florals and landscapes. Local painters Barbara Chappelle and Judith Savic explore the theme through stunning abstracts. Suzanne Powell is a multi-media collage artist from Ottawa and is influenced



Find a fusion of fashion and art through the colour red at Strévé in Perth this month

by Asia. Kristi Bird, Linda Rush and Caroline Evans are inspired by the realism of red in nature. Beth Van Wyngaarden's exploration is through quilting. This unusual exhibit is tied together by one colour. Consider the transforming colour of red when hanging a painting in your home.

The colour red has always inspired designer and owner Cheryl Straby. Red is always in fashion and is one of the base colours that never goes out of style. It is the best colour to liven up a black or grey wardrobe and pairs beautifully with classic design in a silk dress or an accessory such as a leather handbag. Check out the boutique for Strévé Design blood red leather coats, scarlet red wool capes, cherry red silk scarves and poppy red leather handbags. Jewellery designer Eleanor Martin has created coral, glass and silver necklaces. Using scraps of red leather from Cheryl's designs, Sandra Riddell has fabricated wonderful floral jewellery.

Meet the artists and treat yourself to a fashion show on Saturday, November 30 from 11AM to 4PM. This event takes place during the Festival of Cheer happening in Perth. Browse the boutique and gallery and you may find the colour red is just the spark you are looking for during the holiday season!

Strévé Design is located at 64 Gore St. East in Perth, behind the TD Bank. For more information, visit <strevedesign.com>.



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**November 30, 7:30PM**  
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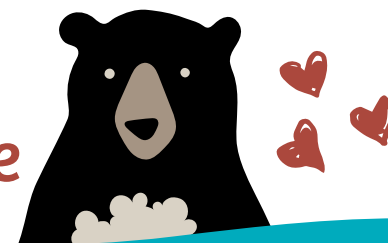
Gift certificates available at Carousel in downtown Carleton Place at 149 Bridge Street, open Monday to Saturday 10:00 - 5:00

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*Sign early and sign often!*

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**Christmas Art & Artisan Sale**  
Dec. 6, 2-8pm / Dec. 7, 9am-4pm / Dec. 8, 11am-4pm  
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# Holiday Fun with *Robin Hood & the Babes in the Wood*

Also called *Christmas pantomime*. A form of theatrical spectacle common in England during the Christmas season, generally adapted from a fairy tale and including stock character types who perform songs and dances, tell jokes, etc.

The above is the description of a pantomime according to <Dictionary.com>. Many folks who are unfamiliar with the genre mistakenly think there will be no talking, but the opposite couldn't be more true. There is singing and dancing, and an important part of the pantomime experience is audience participation. We polite Canadians are reluctant to shout out at a show, but it is expected here! You **MUST** boo the baddies and cheer on the goodies. The ex-pats in the audience will lead you along!

This will be director Emily Duberville's sixth time at the helm of this sometimes overwhelming project. With lots of songs to learn and dance steps to perfect, there is a lot of rehearsal required to make things look flawlessly fun. However, coming from a British family, Emily grew up with the true form of pantomime in her homeland, and her parents (who are both very involved with the production) also have their memories of pantomimes. And judging by the number of British accents that order tickets over the phone, they've got a good thing going!

This year's epic family fun pantomime at the Station Theatre is *Robin Hood and the Babes in the Wood*. In this fabulously colourful action-packed tale, the evil Sheriff of Nottingham, played to perfection by Garry Welsh, is losing his taxes to our hero Robin (Mandi Reed). When the Sheriff discovers that his late brother's children Tilly and Tommy (Hannah Thomlinson and Aaron Sinclair) have inherited a fortune, he decides to "bump them off" with the help of his henchman Dennis (Josh Rutherford) in order to gain their riches.

Add in Marion (Odessa Mitchell), Alan-a-Dale (Jesse Gibson), hungry Friar Tuck (Tim Bisailon) and a slightly manic Little Joan (Emily Burns/Olivia Pryce) and you have the makings of a rollicking, high-energy pantomime. Returning this year as the Dame is veteran Mike Adams, bringing us his trademark performance as Winnie Widebottom, Marion's former nurse; as well as Addison Brown and Xander Duff as some delightful rabbits who are in on the action. The cast is supported by a strong chorus comprised of Nathan Matthews, Taylor Gilligan, Michelle Vienneau, Ming Leonard, Matia Sinclair, Abby Spencer and Tia Duff.



Tim Bisailon plays Friar Tuck in the holiday panto at the Station Theatre. Opening on November 29, this will be a high-energy show — fun for the whole family!

This panto is destined to make audiences laugh, boo, hiss and applaud the heroes and villains at every performance. Come out for a taste of Britain and a true Christmas tradition. You'll be glad you did!

In order to allow for more families to come out for this show — after all, it is a very family-friendly show — there will be matinées on both the Saturday and Sunday show days. There are 7:30PM shows on November 29 and December 5 & 6, and 2PM matinées on November 30 and December 1, 7 and 8. Tickets are \$20 for adults, \$10 for students, and can be purchased with cash at Special Greetings (8 Russell Street in Smiths Falls), online or by phone (283-0300) with credit card. If tickets are still available, they can be purchased a half-hour before showtime, at the door, with cash. For more details, please visit <smithsfallstheatre.com>.

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poinsettias to decorate the house!  
Pine, spruce and fir trees,  
big ones and small.  
Get a tree from Reid Gardens,  
Now Dash Away All!**





# Perth's Nick of Time Show

Perth's longstanding Nick of Time artisan show is back again this year, taking place on Saturday, December 7 from 10AM to 3:30PM in the historic McMartin House, located at 125 Gore Street East.

All three floors of the McMartin House will be packed full of the work of artisans who do their very best to tempt and tantalise with wonderful creations and tasty treats. Enjoy shopping in a festive atmosphere and leave the crowded shopping malls behind as you relax and enjoy all that Nick of Time has to offer.



This year's show has an exciting line-up of new artisans and their work, but don't worry — many of your favourites are returning this year as well. Expect to find candles, fine woodworking, chocolate, marquetry, hand-sewn clothing and décor, jewellery, photography and so much more. The show prides itself on offering a variety of work by area artisans with a little something for everyone. The philosophy is to keep the quality as high as possible by featuring original juried works from over twenty gifted artisans.

This year Nick of Time is pleased to welcome the Lanark County Grannies, who are part of the Stephen Lewis Foundation's "Grandmothers to Grandmothers" — a campaign that raises money for African grandmothers who are caring for their grandchildren orphaned by HIV/AIDS. The Grannies will be selling home-baked Christmas treats to raise funds for this charity. Please come out and support this good cause!

Nick of Time will once again be supporting The Table, Perth's Community Food Centre. Cash donations would be greatly appreciated. Look for the



Find fine crafts, art and chocolate at Nick of Time on December 7

donation box on the lower level of McMartin House. Please give what you can!

So, mark December 7 on your calendar and plan to visit the Nick of Time artisan show. Bask in the relaxed and festive atmosphere of McMartin House, chat with artisans and neighbours and shop knowing that you are supporting local artisans while buying some of the best work that the area has to offer. Enjoy sweet treats while the gentle strains of Christmas music fill the halls of one of Canada's most elegant heritage homes. Remember to visit all three floors of wonderful and creative work, and be sure to enter the free draw for a basket of fine gift items donated by participating artisans. Admission is free, and you can find more information at <facebook.com/nickoftimePerth/>.

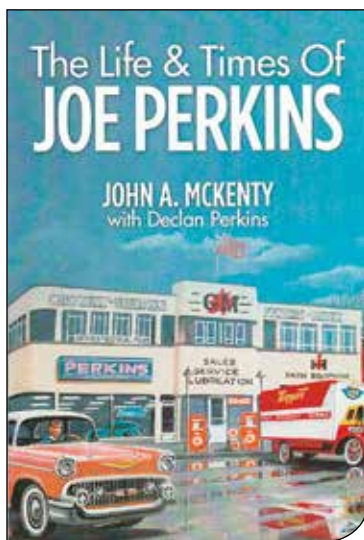
## The Life & Times of Joe Perkins

From the time he arrived in Perth in 1938 until the day he died in an Ottawa hospital in 1990, Joe Perkins was a dominant figure in the town of Perth. Part showman, part salesman, over the years Joe Perkins put together a business empire that both amazed and confounded those around him.

*The Life & Times of Joe Perkins* by John McKenty and Declan Perkins traces Joe's fascinating story from his early days working

at his family's general store in Maberly to his arrival in Perth and the subsequent impact he had on the economic and social fabric of the town he called home.

Available in mid-November, the book will be at the Book Nook and the Bookworm in Perth, as well as the Perth Museum. There will be a book signing at the Perkins Building (2 Wilson Street West in Perth) on November 23 from 10AM to 2PM.



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## Saturday, December 7

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Horse & Wagon Rides  
Street Entertainers  
Children's Activities  
Tree Lighting Ceremony  
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### "Earth without art is Eh."

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## Gifts of Art for \$100 & Under

It's that time of year again — when you can find fun, affordable art for yourself or for others at the West Carleton Arts Society's \$100 and Under Show and Sale. More than 25 local artists and artisans will be selling their work at St. Paul's United Church in Carp, from Friday, December 6 to Sunday the 8<sup>th</sup>.

"This is the fifth year of this show, and it keeps getting better," says Judy Barr, one of the organizers. "We have a wonderful range of artists and artisans selling a variety of high-quality items. As the name implies, all work is priced at \$100 or less."

"Visitors to the show will find a fabulous selection of items, including fine art, pottery, jewellery, photography and textile work," adds co-organizer Ginny Fobert. "It's a perfect place to get different and original gifts for the holidays."

Attendance and parking are free, and the venue is wheelchair accessible. The show runs from 2–8PM on Friday, from 9AM to 4PM on Saturday, and from 11AM to 4PM on Sunday. St. Paul's United Church is located at 3780 Carp Rd. Look for the large orange West Carleton Arts Society flags.

Established in 1988, the WCAS is an active, non-profit volunteer organization of vibrant, talented visual artists and fine crafts people. Its dynamic program includes monthly ARTiculate Fireside artist chats, an annual Spring Into Art Conference, the fall Expressions of Art fine art and fine crafts show, and



Find wonderful handmade, affordable gifts at the WCAS \$100 and Under Show from Dec. 6–8

the \$100 & Under Christmas sale. Member benefits include opportunities to show work at several local venues and to engage with other regional artists.

## Why Become an Activist? (When You Would Rather Sit in a Rocking Chair)

The Boomers are now reaching what has been called "the golden years." We harvest fruits of years of labour and are beyond the cares and responsibilities of the on-going problems of the world.

However, we find ourselves living at a time when what we genuinely care for is in danger of being destroyed. The land and the oceans and the air and the creatures that make up our planet — we see all moving toward destruction. And we wonder how to become involved in helping to save our world.

In her latest book, *Activist Alphabet*, Donna Sinclair shares her story of becoming an activist. She candidly writes about her life experiences and her love for nature. An award-winning journalist with *The United Church Observer* for 27 years, Donna has travelled and

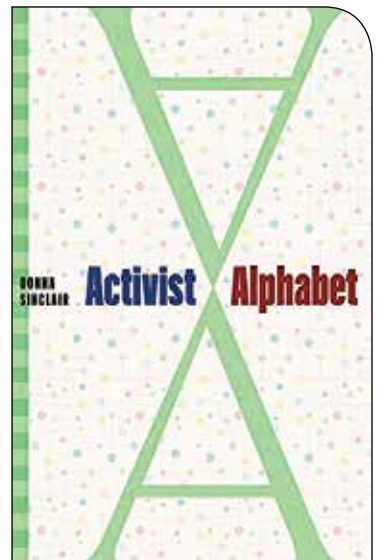
reported on social issues in Canada and many other parts of the world.

*Activist Alphabet* is her 13<sup>th</sup> book, and is the gold medal winner for social activism in the 2019 Living Now book awards <livingnowawards.com>. In it, Donna provides us with examples of people who have chosen various ways of being an activist in their communities. Like Donna, many have been motivated by their love of family and earth, and faith in the value of Creation.

Donna will be reading from her book and answering your questions at the Almonte United Church on November 30 from 6–8PM (the reading will be at 7PM). Light refreshments will be served.

The book will be available for purchase at \$19.95, cash or cheque only, before and after the presentation. All are welcome!

— Rose Tekel



Author Donna Sinclair will sign and read from her latest book on November 30 at the Almonte United Church

# Who Stole Christmas from Mississippi Mills?

[WhoStoleChristmasFromMM.com](http://WhoStoleChristmasFromMM.com)





# Life Lessons

## Or, How to Get the Gig and Keep It

A former student who is currently studying Music at university was recently in to talk with me. I love having these opportunities to catch up, and truth be told, I would go back to school tomorrow if I could. I loved being at university studying Music, and still feel passionate about teaching it as I near the end of my career.

by Tony Stuart

We were talking about performance. I maintain a pretty busy performing schedule outside of school, especially with my partner in The Somerset Combo, Ric Denis. Ric and I will have performed between fifty and sixty shows in 2019 by the time December is done. My student was asking about getting gigs, how to keep them, and what other advice that I had.

It was a terrific chat, and I thought it would make for an interesting column, so I hope you will bear with me. Some of these lessons took me a long time to learn, and it is very true that we learn from our mistakes.

The first thing I told him is that he needs to be prepared to work hard and take advantage of every opportunity that his school has to offer. It is inspiring to be around other high-level musicians, and you can always learn something.

Every musician who decides to play professionally needs to find their niche, and recognize their own strengths and weaknesses. There will always be better players out there. However, the type of person you are (or want to be) is just as important as your skills and abilities. Ric and I bill ourselves as The Somerset Combo as opposed to playing under our own names because we recognize that the whole is greater than the sum of its parts. We make each other better when we play together.

Presenting yourself as professional is very important, and this includes arriving early to a job and being ready to go on time. It also includes an often-overlooked item: dressing appropriately. Ric

and I are aiming for a classy, retro vibe when we play, and always show up to a gig with a suit jacket. It is a little thing, but it establishes something about you right away before you play your first note. Your reputation plays a big role in furthering your career. If you are known as a reliable, responsible player you will get work. I know many really fine players who aren't working regularly because they are difficult to get along with, or they have a habit of taking gigs that they aren't suited for.

Another often-overlooked piece of the puzzle is your own demeanour when you are at a show. Being friendly and appreciative to the person who hired you and treating their staff well goes a long way towards creating a good impression and will help get you hired for a return gig. Being aware of your volume levels and making sure they are appropriate to the venue are also critical. Jazz musicians are often called upon to create atmosphere, and recognizing that people still want to be able to chat while you are playing makes all the difference. You are no less of a musician because you are providing background music.

Creating and nurturing relationships is one of the joys of the music business. This is something that I wasn't always good at, but have really been working on improving over the years. When another musician experiences success, this should not be viewed as a threat but rather as something to be celebrated. We all know how much work is involved in being a musician, and should not be afraid to celebrate the success of others. We should also not be afraid to recommend a gig to someone else if we feel that they are better suited for it.

In the end, the best advice that I can give is to work hard, try to be the best version of yourself, acknowledge your strengths and weaknesses, and most of all be grateful that you get to work with amazing people and make music. It is one of life's greatest joys.

— *Tony Stuart is the Music Director at Notre Dame Catholic High School in Carleton Place, and a freelance professional musician.*



## Harvest Moon Orchard

### Apples, Cider & Gifts

Thursday & Friday 11:00–5:00  
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[www.harvestmoonorchard.ca](http://www.harvestmoonorchard.ca)

4625 Carp Road, Carp 613-839-0378



## DAVID

### Metal Forming Workshops

fabricating Saturdays 9–5PM forging  
silver Introductory Day \$125 chasing  
casting 4 Classes \$500 torc making

[david@davidivens.ca](mailto:david@davidivens.ca) 343-760-2010

### Fairview Manor Bazaar and Chili Luncheon

Thursday, November 7 from 10 to 1:30, with the lunch being served from 11AM to 1:30. Cost of the lunch will be \$6.00. Contact the Recreation Dept. at 613-256-3113 ext 2908

### Kanata Music Concert

St. Johns Anglican Church, 325 Sandhill Road, Kanata is hosting a music concert, November 17 at 3PM  
With Tone Cluster, quite a queer choir. Admission by donation.

# November Pub Listings

<p><b>The Cove</b> (Westport, 273-3636): Sun (excl 3) Open Mic w/Shawn McCullough, 1-4PM Nov 1 Claudio Valentini, 11:30AM-3PM Nov 1 Head over Heels, 6-9PM Nov 2 Jessica Rhaye &amp; The Ramshackle Parade sing Bob Dylan, 7-10PM Nov 8 Zachary Lucky, 6-9PM Nov 9 Brock Zeman, 6-9PM Nov 15 Riley &amp; Riley, 6-9PM Nov 22 Tribute to Carole King &amp; James Taylor, 7-11PM, buffet+show \$55 Nov 23 Santa Claus Parade w/Henry Norwood &amp; Shawn McCullough, 1-4PM Nov 23 Benni Vander, 6-9PM Nov 29 John Wilberforce, 6-9PM Nov 30 Tony Silvestri Band, 7-11PM, buffet+show \$50</p> <p><b>Golden Arrow Pub</b> (Perth, 267-4500): 9PM, Wed Karaoke Nov 1 Halloween w/Matt Dickson Nov 8 Danielle Hewitt Nov 9 Jeff Leeson Nov 16 Jordy Jackson Nov 22, 30 Matt Dickson Nov 23 The Brocklees Nov 29 Nolan Hubbard</p> <p><b>Deck the Small Halls.</b> ontariosmall-halls.com: Nov 29 Fortunate Ones, Almonte Old Town Hall, 7:30PM, \$30; Dec 1 Fortunate Ones, Merrickville United, 3PM, \$30</p> <p><b>Carp Masonic Lodge:</b> Mon Carp Celtic Jam, 7-9PM</p>	<p><b>Almonte Lobby Bar</b> @Riverside Inn (Almonte, 461-2745): Tue Music Trivia, 8PM Nov 10 The Brindled Cats, 7-10PM</p> <p><b>Ashton Pub</b> (Ashton, 257-4423): Sun Open Mic, 2-5PM</p> <p><b>Bowie's</b> (SF): Thu Open Stage, 8PM; Fri Music, 8PM; Sat Funk Yeah!, 9PM Nov 1 Danielle Hewitt &amp; Kyle Langdown w/Umberlune Nov 8 Gillian Nicola, Brooklyn Doran, Jack Pine Nov 15 Brock Zeman &amp; Jasper Bridge, 8PM Nov 17 Songwriter Concert Series: Rob McLaren &amp; Tiz McNamara, 8PM Nov 22 John Dorsch w/Graham Nicholas Nov 29 Little Nerves</p> <p><b>Cheshire Cat</b> (Carp, 831-2183): Mon Trivia, 8-10PM Nov 5 Guy Fawkes Night, 7PM Nov 8 Steph Clement, 7:30PM</p> <p><b>Fiddleheads</b> (Perth, 267-1304): 8PM, Thu Open Mic w/Kevin Choffe Nov 8 Exposure Exposure Nov 15 Loaded SixString Nov 22 John Van Wingerden Nov 29 Henry Norwood</p> <p><b>Juke Joint</b> (Carp, 470-8888): 7PM Nov 2 The eMTees Nov 23 Cargo Cult</p> <p><b>The Royal Oak</b> (Kanata, 591-3895): jazz on Sun, 2-5PM Nov 3, 17 APEX Jazz Band Nov 10, 24 Magnolia Rhythm Kings</p>	<p><b>Neat</b> (Burnstown, 433-9960): 8PM Nov 1 Ariel Posen, \$25 Nov 2, 3 Wintersleep, \$70 Nov 6 Jeff Martin, \$69 Nov 8, 9 Elliott Brood, \$42.50 Nov 21 Colin Linden, \$35 Nov 22 Samantha Martin &amp; Delta Sugar, \$42.50 Nov 23 Seanson, \$25 Nov 24 Hollerado, \$65 Nov 29 Julian Taylor Band, \$35</p> <p><b>O'Reilly's</b> (Perth, 267-7994): Tues Brock Zeman, 8:30PM Nov 1 David McGrath, 8:30PM Nov 2 Joseph McDonald, 8:45PM Nov 8 Shawn McCullough, 8:30PM Nov 15 Tom Watson, 8:30PM Nov 22 Chris Strang, 8:45PM Nov 23 Celtic Kitchen Party, 8:45PM Nov 29 Blair Hogan, 8:30PM</p> <p><b>Ridge Rock Brewing</b> (Carp, 470-2337): Sun Open Mic w/Jillian Kerr, 2-4PM Nov 2 Zach Martin, 8PM Nov 8 Chris Gagnon, 8PM Nov 9 John Mathieu, 8PM Nov 23 Nicole Craig, 8PM Nov 29 Valley Mountain, 8PM</p> <p><b>The Swan at Carp</b> (Carp, 839-7926): Nov 8, 22 Steve Barrette Trio, jazz, 7-10PM</p> <p><b>Waterfront Gastropub</b> (CP, 257-5755): Wed Jam 9PM; Thurs Karaoke 9PM; Sun Redneck Limousine 3-6PM, Nov 1 Blues Society Jam, 8:30PM</p>
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## the QUEENS

crafters and antique market

Open daily 10-5

142 Bridge Street, Carleton Place  
(formerly the Queen's Hotel)

[f/thequeenscraftmarket](https://www.facebook.com/thequeenscraftmarket)

## Gifted Sisters Christmas Art Sale

Works by  
Kathy McPhail-Besharah  
and Donna McPhail

**December 1 & 8**  
from 11AM to 4PM

**7 Thom Street in Perth**



Cash and credit cards accepted



# Claiming Column

Men & Women of the Tay, Perth, Dec 4  
**Robin Hood** panto, SF, Dec 5-8  
*Little Red Riding Hood*, Perth, Dec 5-8, 12-15  
 Festival of Lights, Perth, Dec 6  
**Light Up The Night**, Almonte, Dec 6  
**Carp Farmers Xmas Mkt**, Dec 6-7  
**W. Ott. Ladies Chorus**, Kanata, Dec 6-7  
**\$100 & Under Sale**, Carp, Dec 6-8  
**Auditions: Mamma Mia!**, CP, Dec 7  
**Living Stones Open Studio**, Lanark, Dec 7  
**Nick of Time Artisan Show**, Perth, Dec 7  
**Xmas Night Parade**, Pakenham, Dec 7  
**Perth Xmas House Tour**, Dec 7-8  
**Xmas in CP House Tour**, Dec 7-8  
**Côig**, Pakenham, Dec 8  
**Santa Claus Parade**, Almonte, Dec 8  
**Who Stole Christmas from Mississippi Mills?**, Almonte, Dec 12-15  
**BOTR: MonkeyJunk**, Westport, Dec 13  
**Perth Citizens' Band Concert**, Dec 17  
**Home for the Holidays**, Almonte, Dec 21

## Festivals

**Santa Claus Parade**, Nov 23, 5PM. DOWNTOWN Carleton Place. [downtowncarletonplace.com](http://downtowncarletonplace.com)  
**CP Holiday Train**, Nov 27, 6:20PM, Smiths Falls Train Station: 7:40PM-8:30PM, Old Train Yard, Perth. Scott Helman, Madeline Merlo perform. [perth.ca](http://perth.ca)  
**Pakenham Country Christmas**, Nov 30, 10AM, Vendors, kids' stuff, Santa. Facebook

## Literature

**Meet the Author: Lindy Mechefske**, Nov 3, 1-3PM. *Out of Old Ontario Kitchens*, Heritage Museum, CP. 253-7013. \$10  
**Book Launch: Lesley Choyle**, Nov 12, 1:30PM, 1:30PM presentation (Almonte United Church); 7PM reception (Curious & Kind, 12B Mill St., Almonte). 256-9090, [millstreetbooks.com](http://millstreetbooks.com)  
**Book Reading of Jan Andrews**, Nov 16, 3PM, w/music Curious & Kind, Almonte. 256-9090, [millstreetbooks.com](http://millstreetbooks.com). By donation  
**Book Signing: John McKenty**, Nov 23, 10AM-2PM, *The Life & Times of Joe Perkins*, bldg tour. Perkins Building, Perth. 264-7257  
**Book Signing: Activist Alphabet**, Nov 30, 6-8PM. Almonte United Church  
**Charlotte Gray: Murdered Midas**, Dec 1, 1:30PM. Meet the author. Almonte Old Town Hall, Almonte. 256-9090, [millstreetbooks.com](http://millstreetbooks.com). \$10; \$36 incl book

## Local Food

**Almonte Farmers' Harvest Market**, Nov 9, 9AM-2PM. Food, craft, gifts, hot food. Almonte Community Centre, Almonte. [almontefarmersmarket.com](http://almontefarmersmarket.com)  
**Coffee 101**, Nov 28, 7PM. Appreciation/tasting. Equator Coffee, Almonte. [equator.ca](http://equator.ca). \$35  
**Perth Farmers' Christmas Market**, Dec 1, 10AM-3PM. Food items, gifts. Crystal Palace, Perth. [perthfarmersmarket.ca](http://perthfarmersmarket.ca)

## Visual Arts

**Christmas in the Valley Artisan Show**, Nov 2-3 (10AM-4PM). 30 artisans, crafters & bakers. Almonte Arena. [valleyartisanshow.blogspot.com](http://valleyartisanshow.blogspot.com)  
**Pottery Sale**, Nov 2-3, 10AM-4PM. 95 Bridge St. Almonte. [almontepottersguild.com](http://almontepottersguild.com)  
**Itty Bitty Art & Craft Show**, Nov 2-3, 10AM-4:30PM. Originals under \$150. Arts CP. CP Canoe Club. [artscarletonplace.com](http://artscarletonplace.com)  
**Cheerfully Made Holiday Market**, Nov 2 & 3 (10AM-4PM). Almonte Old Town Hall. [cheerfullymade.com](http://cheerfullymade.com). \$2 entry  
**LC Quilters Guild Xmas Sale**, Nov 9, 11AM-2PM, \$5 lunch. Glad Tidings Church, Perth. [lanarkcountyquiltersguild.com](http://lanarkcountyquiltersguild.com)

# WHAT'S ON IN

Monday Tuesday Wednesday Thursday

**Sivarulrasa Gallery** presents *Canadiana II*: Jane Irwin, Susan Tooke, Jane Irwin, Gillian Willans [to Nov 17]; 5<sup>th</sup> Anniversary Show [from Nov 22] <[sivarulrasa.com](http://sivarulrasa.com)>  
**Strévé Design Studio & Boutique** presents *Animale* [to Nov 4]; *RED* [from Nov. 5]  
**Mississippi Valley Textile Museum** presents *Spirit Seeds, A celebration of Indigenous Beadwork* <[mvtm.ca](http://mvtm.ca)>  
**Perth Museum** presents *Home for the Holidays*  
**Fairview Manor Lobby** presents Sarah Moffat's multi-media *Roots & Rhythm*  
**Heritage House Museum** presents 38<sup>th</sup> annual Art Show & Sale <[smithsfalls.ca/heritagehouse](http://smithsfalls.ca/heritagehouse)> [from Nov 3]  
**MERA Schoolhouse** presents the Whimsical World of Emmy, the work of Emily Wilson <[meraschoolhouse.org](http://meraschoolhouse.org)>

<p><b>Sage Age Theatre</b>, Almonte  <b>Smiths Falls Duplicate Bridge Club</b>  <b>Trivia Night</b>, Cheshire Cat Pub  <b>Cancer Support Group</b>, Almonte  <b>Carp Celtic Jam</b>, Masonic Lodge</p>	<p><b>Brock Zeman</b>, O'Reilly's Pub  <b>Guy Fawkes Night</b>, Cheshire Cat Pub  <b>Hackberry Men's Shed</b>, Carleton Place  <b>Music Trivia</b>, Almonte Lobby Bar  <b>Olde Time Bingo</b>, Carleton Place  <b>Smiths Falls Duplicate Bridge Club</b></p>	<p><b>James Naismith's B-day</b>, Almonte  <b>Almonte Duplicate Bridge Club</b>  <b>CP Hort: Sicilian Gardens</b>, Carleton Place  <b>Jeff Martin</b>, Neat Coffee Shop  <b>Karaoke</b>, Golden Arrow  <b>Meditation &amp; Associated Processes</b>, Perth  <b>Writing for Kids</b>, Almonte</p>	<p><b>Books of Remembrance Talk</b>, Almonte  <b>Bazaar/Chili Luncheon</b>, Almonte  <b>Karaoke</b>, Waterfront Gastropub  <b>Movie Day</b>, Pakenham  <b>Musicians Circle</b>, Bolingbroke  <b>Naismith Men's Shed</b>, Almonte  <b>Open Mic w/Kevin Choffe</b>, Fiddleheads Bar &amp; Grill  <b>Open Stage</b>, Bowie's</p>
<p><b>REMEMBRANCE DAY</b>  <b>Cancer Support Group</b>, Almonte  <b>Carp Celtic Jam</b>, Masonic Lodge  <b>Hackberry Men's Shed</b>, Carleton Place  <b>Remembrance Day Service</b>, Carp  <b>Sage Age Theatre</b>, Almonte  <b>Smiths Falls Duplicate Bridge Club</b>  <b>Trivia Night</b>, Cheshire Cat Pub</p>	<p><b>Book Launch: Lesley Choyle</b>, Almonte  <b>Brock Zeman</b>, O'Reilly's Pub  <b>Music Trivia</b>, Almonte Lobby Bar  <b>Olde Time Bingo</b>, Carleton Place  <b>Smiths Falls Duplicate Bridge Club</b></p>	<p><b>Almonte Duplicate Bridge Club</b>  <b>Karaoke</b>, Golden Arrow  <b>Movie Day</b>, Almonte  <b>Writing for Kids</b>, Almonte</p>	<p><b>Holiday Street Market</b>, Almonte  <b>CP200+ Time to Remember</b>, CP  <b>Shrek, The Musical</b>, Perth  <b>Get All Wrapped Up</b>, CP  <b>Musicians Circle</b>, Bolingbroke  <b>Naismith Men's Shed</b>, Almonte  <b>Open Mic</b>, Fiddleheads  <b>Open Stage</b>, Bowie's  <b>Toastmasters</b>, Carleton Place  <b>Valdy</b>, McD Cnrs  <b>Women &amp; Investing</b>, Almonte  <b>Board Game Night</b>, Almonte</p>
<p><b>Almonte Quilters' Guild</b>  <b>Cancer Support Group</b>, Almonte  <b>Carp Celtic Jam</b>, Masonic Lodge  <b>Sage Age Theatre</b>, Almonte  <b>Smiths Falls Duplicate Bridge Club</b>  <b>Trivia Night</b>, Cheshire Cat Pub</p>	<p><b>Brock Zeman</b>, O'Reilly's Pub  <b>Hackberry Men's Shed</b>, Carleton Place  <b>Huntley Historical Society AGM</b>, Carp  <b>Music Trivia</b>, Almonte Lobby Bar  <b>Olde Time Bingo</b>, Carleton Place  <b>Perth Hort Holiday Social/AGM</b>  <b>Smiths Falls Duplicate Bridge Club</b></p>	<p><b>CP200+ Time to Remember</b>, CP  <b>No More Secrets</b>, Almonte  <b>Almonte Duplicate Bridge Club</b>  <b>Karaoke</b>, Golden Arrow  <b>Meditation &amp; Associated Processes</b>, Perth  <b>Writing for Kids</b>, Almonte</p>	<p><b>CP200+ Time to Remember</b>, CP  <b>Day Hospice Craft Sale</b>, Perth  <b>Equator Open House</b>, Almonte  <b>Karaoke</b>, Waterfront Gastropub  <b>Ladies Night</b>, Pakenham  <b>Musicians Circle</b>, Bolingbroke  <b>Naismith Men's Shed</b>, Almonte  <b>Open Mic w/Kevin Choffe</b>, Fiddleheads Bar &amp; Grill  <b>Open Stage</b>, Bowie's  <b>Breast Cancer Support</b>, Perth  <b>Colin Linden</b>, Neat Coffee Shop</p>
<p><b>Cancer Support Group</b>, Almonte  <b>Carp Celtic Jam</b>, Masonic Lodge  <b>Hackberry Men's Shed</b>, Carleton Place  <b>Sage Age Theatre</b>, Almonte  <b>Smiths Falls Duplicate Bridge Club</b>  <b>Trivia Night</b>, Cheshire Cat Pub</p>	<p><b>Brock Zeman</b>, O'Reilly's Pub  <b>Lanark Co. Camera Club Mtg</b>, Perth  <b>Lanark County Quilters Guild</b>, Perth  <b>Music Trivia</b>, Almonte Lobby Bar  <b>Olde Time Bingo</b>, Carleton Place  <b>Smiths Falls Duplicate Bridge Club</b></p>	<p><b>CP Holiday Train</b>, Perth  <b>CP Holiday Train</b>, Smiths Falls  <b>Karaoke</b>, Golden Arrow  <b>Movie Day</b>, Almonte  <b>Wild Rose</b>, Perth  <b>Writing for Kids</b>, Almonte  <b>Almonte Duplicate Bridge Club</b></p>	<p><b>Board Game Night</b>, Almonte  <b>Coffee 101</b>, Almonte  <b>Karaoke</b>, Waterfront Gastropub  <b>Meet the Artist: Sarah Moffat</b>, Almonte  <b>Musicians Circle</b>, Bolingbroke  <b>Naismith Men's Shed</b>, Almonte  <b>Open Mic w/Kevin Choffe</b>, Fiddleheads Bar &amp; Grill  <b>Open Stage</b>, Bowie's  <b>Toastmasters</b>, Carleton Place  <b>Wild Rose</b>, Smiths Falls</p>

**Indigenous Beadwork**, Nov 9, 2-4PM. By curator of Spirit Seeds exhibit. Mississippi Valley Textile Museum, Almonte. [mvtm.ca](http://mvtm.ca)  
**Xmas Artisan Market**, Nov 9, 10AM-3PM. Local artisans, students. Smiths Falls District Collegiate Institute, Smiths Falls.  
**Vernissage: Emily Wilson**, Nov 10, 2PM. Young artist. MERA Schoolhouse, McDonalds Corners. [meraschoolhouse.org](http://meraschoolhouse.org).  
**Gift of Art Show & Sale**, Nov 16-17, 10AM-5PM. Kanata Civic Art Gallery, 580-2424 x33341, [kanatagallery.ca](http://kanatagallery.ca). Free  
**Carriageway Studios Open House**, Nov 16, 10AM-5PM. Carriageway Studios, Almonte. [facebook.com/carriagewaystudios](http://facebook.com/carriagewaystudios).  
**Almonte Quilters' Guild**, Nov 18, 7-9PM. Xmas Social. All welcome. Almonte Civitan Hall. Guests \$5  
**MERA Christmas Fair**, Nov 23, 9AM-3PM. McDonalds Cnrs. [meraschoolhouse.org](http://meraschoolhouse.org)  
**Xmas \$100 & Under Sale**, Nov 23 (10AM-5PM), Nov 24 (10AM-4PM). Kanata Art Club. March Central Community Centre, Kanata. [kac1.ca](http://kac1.ca)

**Lanark Co. Camera Club Mtg**, Nov 26, 7-9PM. All skill levels. Rm 104. Algonquin College, Perth.  
**Lanark County Quilters Guild**, Nov 26, 7-9PM. Fabric sales rep. Lions Hall, Perth. [lanarkcountyquiltersguild.com](http://lanarkcountyquiltersguild.com). \$5 guests  
**Meet the Artist: Sarah Moffat**, Nov 28, 7-9PM. Fairview Manor, Almonte  
**Vernissage & Fashion Show**, Nov 30, 11AM-4PM. Exhibition: RED. Strévé Design, Perth. 267-0230  
**Vernissage: 5<sup>th</sup> Anniversary Show**, Nov 30, 3-6PM. 22 Cdn artists. Sivarulrasa Gallery, Almonte. [sivarulrasa.com](http://sivarulrasa.com)  
**Gifted Sisters Sale**, Dec 1 & 8, 11AM-4PM. Dec 1 & 8, 11AM-4PM. Wood, fabric, furniture. 7 Thom St., Perth

**Theatre**  
**Adventure In Your Ear LIVE!**, Nov 10, 7-8:30PM. Live scripted comedy. Curious & Kind, Almonte. [curiousandkind.ca](http://curiousandkind.ca). \$10  
**Wasted**, Nov 16, 6:30PM. Shift Happens documentary series. Studio Theatre, Perth. [ticketsplease.ca](http://ticketsplease.ca). \$17 (\$12 student)  
**Lanark Laughs**, Nov 29, 8:30PM-10PM. Stand-up comedy. Waterfront Gastropub, CP. [facebook.com/LanarkLaughs/](http://facebook.com/LanarkLaughs/)  
**What Women Want**, Nov 29, 7PM. Film. Studio Theatre, Perth. 267-7469, [ticketsplease.ca](http://ticketsplease.ca). \$10 (\$12 adv)

**Music**  
**Kate Weekes & Friends**, Nov 1 (8PM, Batstone's Northern Ramble, \$20), Nov 3 (7PM, Maberly Hall, \$15). 297-3009, [kateweekes.com](http://kateweekes.com). \$20  
**Tim Nast Solo Piano**, 7:30PM. Nov 1 Tatlock Hall, Nov 2 Maberly Hall, Nov 15 St. Andrews in Pakenham, Nov 16 West-

minster Presbyterian in SF. Tix: [timnast.com](http://timnast.com). \$25; \$20 adv.  
**Roxy Swan**, Nov 2, 7:30PM. VV/ Peter Brown & Dave Arthur. Full Circle Theatre, Perth. 485-6434, [ticketsplease.ca](http://ticketsplease.ca). \$20/\$24  
**Tim Booth Jazz Trio**, Nov 3, 2PM. [meraschoolhouse.org](http://meraschoolhouse.org). \$27.50  
**Musicians Circle**, Nov 7, 7PM. Thursdays, 7PM. All genres, no audience. ABC Hall, Bolingbroke. 273-9005, [abchall.ca](http://abchall.ca). \$5  
**Hank Williams Revisited**, Nov 8, 8PM. Station Theatre, Smiths Falls. 283-0300, [smithsfallstheatre.com](http://smithsfallstheatre.com). \$25 cash only  
**Blue Moon Concert: Best of Edge**, Nov 9, 7:30PM. Pop/folk/country hits. St. Andrew's Presbyterian Church, Perth. \$10  
**Pretty Ugly Trio**, Nov 9, 9PM. Live music. Union St. Bar & Grill, Smiths Falls.  
**Theresa Thomason & Paul Sullivan**, Nov 9, 7:30PM. St. Paul's Church, Perth. 485-6434, [ticketsplease.ca](http://ticketsplease.ca). \$30  
**Coco Love Alcorn**, Nov 10, 7:30PM. New album: *Rebirth*. Studio Theatre, Perth., [cocolovealcorn.com/tour](http://cocolovealcorn.com/tour). \$25; \$20 adv



# NOVEMBER 2019

## Friday

## Saturday

## Sunday

<ul style="list-style-type: none"> <li>Tim Nast Solo Piano, Almonte</li> <li>Ariel Posen, Neat Coffee Shop</li> <li>Claudio Valentini, The Cove</li> <li>Danielle Hewitt &amp; Kyle Langdown w/ Umberlune, Bowie's</li> <li>David McGrath, O'Reilly's Pub</li> <li>FrankenSteve, Carp</li> <li>Halloween Party w/Matt Dickson, Golden Arrow</li> <li>Head over Heels, The Cove</li> <li>Kate Weekes &amp; James Stephens / Emilyn Stam &amp; John David Williams, Renfrew</li> <li>Mississippi Blues Society Jam, Waterfront Gastropub</li> <li>Scottish Country Dancing, Perth</li> </ul>	<ul style="list-style-type: none"> <li>Christmas in the Valley Artisan Show, Almonte</li> <li>Itty Bitty Art &amp; Craft Show, Carleton Place</li> <li>Holiday Pottery Sale, Almonte</li> <li>Roxy Swan, Perth</li> <li>FrankenSteve, Carp</li> <li>Jessica Rhaye &amp; Ramshackle Parade, The Cove</li> <li>Joseph McDonald, O'Reilly's Pub</li> <li>Lanark Co. Genealogical Mtg, Beckwith</li> <li>The eMTees, Juke Joint Soul Kitchen</li> <li>Tim Nast Solo Piano, Maberly</li> <li>Wintersleep, Neat Coffee Shop</li> <li>Cheerfully Made Holiday Market, Almonte</li> <li>Women's Fair &amp; Psychic Offerings, Carleton Place</li> </ul>	<ul style="list-style-type: none"> <li>Valley Artisan Show &amp; LUTN Sale, Almonte</li> <li>Itty Bitty Art &amp; Craft Show, Carleton Place</li> <li>Holiday Pottery Sale, Almonte</li> <li>Ashton Open Mic, Ashton Pub</li> <li>Blues w/Redneck Limousine, Waterfront Gastropub</li> <li>Cheerfully Made Holiday Market, Almonte</li> <li>Kate Weekes &amp; James Stephens / Emilyn Stam &amp; John David Williams, Maberly</li> <li>Kick-a-thon 2019, Almonte</li> <li>Meet the Author: Lindy Mechefske, Carleton Place</li> <li>Old Tyme Country Dinner Dance, Clayton</li> <li>Tim Booth Jazz Trio, McDonalds Corners</li> <li>Wintersleep, Neat Coffee Shop</li> </ul>
<ul style="list-style-type: none"> <li>Danielle Hewitt, Golden Arrow</li> <li>EODL I-Act Festival, Perth</li> <li>Elliott Brood, Neat Coffee Shop</li> <li>Chris Gagnon, Ridge Rock Brewing Co.</li> <li>Exposure Exposure, Fiddleheads Bar &amp; Grill</li> <li>Gillian Nicola, Brooklyn Doran, Jack Pine, Bowie's</li> <li>Hank Williams Revisited, Smiths Falls</li> <li>Scottish Country Dancing, Perth</li> <li>Shawn McCullough, O'Reilly's Pub</li> <li>Steph Clement, Cheshire Cat Pub</li> <li>Steve Barrette Trio, The Swan at Carp</li> <li>Zachary Lucky, The Cove</li> </ul>	<ul style="list-style-type: none"> <li>Almonte Farmers' Harvest Market</li> <li>EODL I-Act Festival, Perth</li> <li>Fall Trails Talk: Peru, Merrickville</li> <li>Lanark Co. Quilters Guild Xmas Sale, Perth</li> <li>Perth Library Bake Sale</li> <li>SchoolBOX Latin Fiesta, Almonte</li> <li>Theresa Thomason &amp; Paul Sullivan, Perth</li> <li>Indigenous Beadwork, Almonte</li> <li>Vintage Finds Christmas Sale, Carleton Place</li> <li>Best of Edge, Perth</li> <li>Brock Zeman, The Cove</li> <li>Elliott Brood, Neat</li> <li>Funk Yeah!, Bowie's</li> <li>Artisan Market, SF</li> <li>Pretty Ugly Trio, SF</li> <li>Turkey Supper, Clayton</li> <li>Jeff Leeson, Golden Arrow</li> </ul>	<ul style="list-style-type: none"> <li>Coco Love Alcorn, Perth</li> <li>Adventure In Your Ear LIVE!, Almonte</li> <li>Ashton Open Mic, Ashton Pub</li> <li>Blues w/Redneck Limousine, Waterfront Gastropub</li> <li>Magnolia Rhythm Kings, The Royal Oak</li> <li>Open Mic w/Shawn McCullough, The Cove</li> <li>The Brindled Cats, Almonte Lobby Bar</li> <li>Vernissage: Emily Wilson, McDonalds Corners</li> </ul>
<ul style="list-style-type: none"> <li>CP200+ Time to Remember, Carleton Place</li> <li>Shrek, The Musical, Perth</li> <li>Tim Nast Solo Piano, Pakenham</li> <li>BOTR: Samantha Martin &amp; Delta Sugar, Westport</li> <li>Brock Zeman &amp; Jasper Bridge, Bowie's</li> <li>Eagles Tribute, Smiths Falls</li> <li>Guatemala Stove Project Fall Fundraiser, Perth</li> <li>Loaded SixString, Fiddleheads Bar &amp; Grill</li> <li>Maiden, Smiths Falls</li> <li>Maple Grove Public School Fall Ball, Lanark</li> <li>Riley &amp; Riley, The Cove</li> <li>Scottish Country Dancing, Perth</li> <li>Tom Watson, O'Reilly's Pub</li> </ul>	<ul style="list-style-type: none"> <li>CP200+ Time to Remember, Carleton Place</li> <li>Shrek, The Musical, Perth</li> <li>26th Gift of Art Show &amp; Sale, Kanata</li> <li>Book Reading of Jan Andrews, Almonte</li> <li>BOTR: Samantha Martin &amp; Delta Sugar, Westport</li> <li>Carriageway Studios Open House, Almonte</li> <li>Tim Nast Solo Piano, Smiths Falls</li> <li>Christmas Craft Sales, Carp, Carleton Place</li> <li>Close to Home Marketplace, Almonte</li> <li>Double Vision -Foreigner Tribute, Almonte</li> <li>Funk Yeah!, Bowie's</li> <li>Wasted, Perth</li> <li>Jordy Jackson, Golden Arrow</li> <li>Maiden, Smiths Falls</li> </ul>	<ul style="list-style-type: none"> <li>Shrek, The Musical, Perth</li> <li>26th Gift of Art Show &amp; Sale, Kanata</li> <li>APEX Jazz Band, The Royal Oak</li> <li>Ashton Open Mic, Ashton Pub</li> <li>Blues w/Redneck Limousine, Waterfront Gastropub</li> <li>Dessert Tea &amp; Gift Basket Auction, Pakenham</li> <li>Faithful Friends, Westport</li> <li>Fashion, Fun, and Fabulous Tea, Appleton</li> <li>Open Mic w/Shawn McCullough, The Cove</li> <li>Rob McLaren &amp; Tiz McNamara, Bowie's</li> </ul>
<ul style="list-style-type: none"> <li>CP200+ Time to Remember, Carleton Place</li> <li>John Dorsch w/Graham Nicholas, Bowie's</li> <li>Jon Van Wingerden, Fiddleheads Bar &amp; Grill</li> <li>Martini Madness</li> <li>Matt Dickson, Golden Arrow</li> <li>Samantha Martin &amp; Delta Sugar, Neat Coffee Shop</li> <li>Scottish Country Dancing, Perth</li> <li>Steve Barrette Trio, The Swan at Carp</li> <li>Chris Strang, O'Reilly's Pub</li> <li>Tribute to Carole King &amp; James Taylor, The Cove</li> </ul>	<ul style="list-style-type: none"> <li>CP200+ Time to Remember, Carleton Place</li> <li>MERA Christmas Fair, McDonalds Corners</li> <li>Mississippi Masala Child Haven Fundraiser, CP</li> <li>Book Signing: John McKenty, Perth</li> <li>Xmas \$100 &amp; Under Sale, Kanata</li> <li>Benni Vander, The Cove</li> <li>Celtic Kitchen Party Duo, O'Reilly's Pub</li> <li>Henry Norwood &amp; Shawn McCullough, The Cove</li> <li>The Brockoles, Golden Arrow</li> <li>North Pole Express, SF</li> <li>Santa Claus Parade, CP</li> <li>Cargo Cult, Juke Join</li> <li>Funk Yeah!, Bowie's</li> <li>Buntline, Almonte</li> <li>Searson, Neat</li> </ul>	<ul style="list-style-type: none"> <li>Xmas \$100 &amp; Under Sale, Kanata</li> <li>Ashton Open Mic, Ashton Pub</li> <li>Blues w/Redneck Limousine, Waterfront Gastropub</li> <li>Christmas Bazaar, Almonte</li> <li>Hollerado, Neat Coffee Shop</li> <li>Magnolia Rhythm Kings, The Royal Oak</li> <li>North Pole Express, Smiths Falls</li> <li>Open Mic w/Shawn McCullough, The Cove</li> <li>Trad Song Pub Session, Almonte</li> </ul>
<ul style="list-style-type: none"> <li>Robin Hood &amp; the Babes in the Wood, Smiths Falls</li> <li>Almonte Lectures: Media</li> <li>Feed the Need for MMYC, Almonte</li> <li>Fortunate Ones, Almonte Old Town Hall</li> <li>Henry Norwood, Fiddleheads Bar &amp; Grill</li> <li>Julian Taylor Band, Neat Coffee Shop</li> <li>Little Red Riding Hood, Perth</li> <li>Nolan Hubbard, Golden Arrow</li> <li>Scottish Country Dancing, Perth</li> <li>Valley Mountain, Ridge Rock Brewing Co.</li> <li>What Women Want, Perth</li> <li>Little Nerves, Bowie's</li> <li>John Wilberforce, Cove</li> <li>Blair Hogan, O'Reilly's</li> <li>Lanark Laughs, CP</li> </ul>	<ul style="list-style-type: none"> <li>Robin Hood, SF</li> <li>Vernissage: 5th Anniversary Show, Almonte</li> <li>Vernissage &amp; Fashion Show, Perth</li> <li>Beckwith Christmas Craft Show, Beckwith</li> <li>Festival of Good Cheer, Perth</li> <li>Goulbourn Male Chorus Xmas Concert, Carp</li> <li>Little Red Riding Hood, Perth</li> <li>Pakenham Country Christmas, Pakenham</li> <li>St. Andrews Day Party, Carleton Place</li> <li>Indigenous Artists Fundraiser, Almonte</li> <li>Trivia Night for the Riverwalk, Almonte</li> <li>Tony Silvestri, The Cove</li> <li>Matt Dickson, Golden Arrow</li> <li>Chocolate Party, CP</li> <li>Brindled Cats, Almonte</li> <li>Funk Yeah!, Bowie's</li> </ul>	<ul style="list-style-type: none"> <li>Town Singers Xmas Concert, Carleton Place</li> <li>The Algonquin Ensemble, Almonte</li> <li>Candlelight Advent Carol Service, Perth</li> <li>Charlotte Gray: Murdered Midas, Almonte</li> <li>Fortunate Ones, Merrickville United Church</li> <li>Robin Hood &amp; the Babes in the Wood, Smiths Falls</li> <li>Little Red Riding Hood, Perth</li> <li>Open Mic w/Shawn McCullough, The Cove</li> <li>Perth Farmers' Christmas Market</li> <li>The Biggest Little Christmas Market, Lanark</li> <li>The Brindled Cats, Almonte Lobby Bar</li> <li>Gifted Sisters Xmas Sale, Perth</li> <li>Blues w/Redneck Limousine, Waterfront Gastropub</li> </ul>

**Remembrance Day Service**, Nov 11, 10:50AM. (then soup/sandwich levee at Ag Hall). War Memorial, Carp

**Board Game Night**, Nov 14 & 28, 5:30-7:30PM. All ages. Almonte Library. missmillslibrary.com

**Toastmasters**, Nov 14 & 28, 7-8:30PM. Guests free. Riverview Snrs' Residence, CP. RSVP 250-9282

**Get All Wrapped Up**, Nov 14, 1-8PM. Shop, sip, dine in Downtown Carleton Place. downtowncarletonplace.com

**Holiday Street Market**, Nov 14, 5-9PM. Specials, refreshments. Downtown Almonte

**Women & Investing**, Nov 14, 6:30-7:30PM. w/Danette Hanneman. Almonte Library, missmillslibrary.com

**Guatemala Stove Project Fall Fundraiser**, Nov 15, 7PM. Open Road. Perth Civitan Hall, ticketsplease.ca/door.\$20

**Maple Grove Public School Fall Ball**, Nov 15, 8PM-1AM. Live band, DJ, cash bar, buffet. Lanark Civitan Club, 812-3660. \$10

**Christmas Bazaar**, Nov 16, 10AM-2PM. Zion-Memorial United Church, CP

**Christmas Craft Sale**, Nov 16, 9AM-3PM. Secret Santa, lunch. Fundraiser for W. Carleton Food Access Centre. Carp Ag Hall

**Close to Home Marketplace**, Nov 16, 10AM-3PM. AGH/FVM Fdn fundraiser. Almonte General Hospital. 256-2514x2610.

**Dessert Tea & Gift Basket Auction**, Nov 17, 2-4PM. A Pakenham Civitan event. St. Andrew's United Church, Pakenham. \$5

**Fashion, Fun, and Fabulous Tea**, Nov 17, 2-5PM. From Avenir & Artful Gallery. Mississippi Golf Club, Appleton. 257-8503. \$25

**Huntley Historical Society AGM**, Nov 19, 7:30-8:30PM. Refreshments. Carp Memorial Hall. 839-5203. Donations welcome

**Perth Hort Holiday Social/AGM**, Nov 19, 6-9PM. Jamie Roy. St. Paul's Church, Perth. 253-5690. perthhortsociety.com. guests \$5

**No More Secrets**, Nov 20, 7PM. Discussion about male victims of sexual assault. Almonte Town Hall. carebridge.ca

**Day Hospice Xmas Craft Sale**, Nov 21, 10AM-3PM. Fundraiser for CHSLC. The Factory, Perth. Facebook

**Equator Xmas Open House**, Nov 21, 6-9PM. Live music, food/drink, family fun. Equator Coffee, Almonte. equator.ca

**Ladies' Night**, Nov 21, 6:30-8:30PM. w/ Fulton's. Cedar Hill Christmas Tree Farm, Pakenham. cedarhillchristmastreefarm.com

**Perth Breast Cancer Support Group**, Nov 21, 7-9PM. Monthly mtg. Perth Family Health Centre, Perth. 812-4474

**Martini Madness**, Nov 22, 5-9PM. Specialty martinis+app+dessert. Perth Restaurants

**Mississippi Masala Child Haven Fundraiser**, Nov 23, 6-9PM. S.Asian food, ent't. Carleton Place Curling Club, childhaven.ca. \$30; \$25 adv

**North Pole Express**, Nov 23, 11AM-3PM, Dec 23-24, 11AM-3PM. Railway Museum, Smiths Falls. 283-5696, rmeo.org. \$10; \$8

**Christmas Bazaar**, Nov 24, 4-8PM. The Herb Garden, Almonte. herbgarten.on.ca

**Feed the Need**, Nov 29, 5:30PM. Fundraiser for Ctr. MM Youth Centre, 134 Main St., Almonte. \$50 mmyc.ca

**Almonte Lectures: Media**, Nov 29, 7:30PM. Edith Cody-Rice & Brent Eades. Almonte United Church. almontelelectures.net

**Beckwith Christmas Craft Show**, Nov 30, 10AM-3PM. 60+ exhibitors, cafe. Beckwith Recreational Complex. 435-8929

**Christmas in the Rideau Craft Sale**, Nov 30, 9AM-1PM. Gallipeau Ctr, SF. 978-0447

**Granary Chocolate Party**, Nov 30, 10AM-3PM. Prizes & shopping. 107 Bridge St., CP

**Festival of Good Cheer**, Nov 30, 10AM-5PM. Swag bags. Crystal Palace, Perth

**Indigenous Artists Fundraiser**, Nov 30, 5:30PM. For Odawa Native Friendship Ctr. Movie, music, crafts. Curious & Kind, Almonte. curiousandkind.ca. sliding scale

**St. Andrews Day Party**, Nov 30, 1-3PM. Heritage Museum, CP. 253-7013

**Trivia Night for the Riverwalk**, Nov 30, 7PM. w/Julian. Almonte Old Town Hall. \$15

**The Biggest Little Christmas Market**, Dec 1, 9AM-4PM. 25+ vendors, photo w/ Santa. Foy Hall, Lanark. free admission

**Valdy**, Nov 14, 7PM Knox Church, McD Cnrns. meraschoolhouse.org. \$32.50

**BOTR: Samantha Martin & Delta Sugar**, Nov 15, 7-11PM. The Cove, Westport. 1-888-COVE-INN, bluesontherideau.ca. \$70 buffet/show/dancing

**Eagles Tribute**, Nov 15, 8PM. New Kid In Town. Gallipeau Centre, SF. 284-9916, \$39.50 (\$34.50 adv)

**Double Vision - Foreigner Tribute**, Nov 16, 8PM. Almonte Old Town Hall. bit.ly/DoubleVisionAlmonte. \$35; \$25 adv

**Faithful Friends**, Nov 17, 7PM. Westport United Church. Freewill offering

**Buntline Concert**, Nov 23, 7:30PM. Almonte Old Town Hall. \$15

**Trad Song Pub Session**, Nov 24, 2-4PM. The Barley Mow, Almonte. 355-5552, shantyman.ca/almonte-trad-songs

**Folkus Season Kick-Off**, Nov 30, 7PM. W/ the Brindled Cats. Equator Caf , Almonte. folkusalmonte.com

**Goulbourn Male Chorus Xmas Concert**, Nov 30, 2PM. "1st Lights of Xmas". Trinity Presbyterian Church, Carp. goulbournmalechorus.com. \$15

**The Algonquin Ensemble**, Dec 1, 7:30PM. Canadian Winterscapes. Almonte United Church. 612-0623. \$40; \$35 adv

**Candlelight Advent Carol Service**, Dec 1, 4PM. St. James the Apostle Anglican Church, Perth. 267-1163, stjamesperth.ca

**Town Singers Xmas Concert**, Dec 1 & 3, 7PM. Tix: Carousal (CP). All Nations Church, CP. cptownsingners.com. \$15

**Pub Listings p.27 Community**

**Cancer Support Group**, Mon 10-11AM. Almonte Library. 726-8040. Free

**SF Bridge Club**, Mon 7PM, Tue 1PM. 256-4747. SF Legion

**Olde Time Bingo**, Tue 7PM. Held by CP Civitans in CP Arena upper hall

**Almonte Bridge Club**, Wed 7PM. 256-4747. Almonte Legion

**Scottish Country Dancing**, Fri, 9:30AM. McMartin House, Perth. 264-2767

**Lanark Co. Genealogical Mtg**, Nov 2, 1:30PM. Talk: Karen Prytula. All welcome. Brunton Hall, Beckwith. Free

**Women's Fair & Psychic Offerings**, Nov 2, 10AM-4PM. Fashion, gifts, more. Carleton Place Arena

**Kick-a-thon 2019**, Nov 3, 1-3PM. Fundraiser for AGH. Almonte United Church

**Old Tyme Country Dinner Dance**, Nov 3, 2PM. Music, dancing, buffet. Clayton Community Centre. 256-0740. \$13

**Hackberry Men's Shed**: Nov 5, 19, 7:30AM, breakfast, Gourmet Restaurant, CP; Nov 11, 25, 7PM, meeting, Shed opposite 98 Donald St., CP. 461-0013. Mtgs free

**James Naismith's B-Day**: Nov 6, 1PM. Cake, music. Downtown Almonte

**CP Hort: Sicilian Gardens**, Nov 6, 7PM. Speaker: Phil Reilly. Zion-Memorial Church, CP. 257-4101. \$3/\$10 annual

**Meditation & Assoc. Processes**: Nov 6, 20, 1:30-3PM, Perth Library. 225-4675

**Books of Remembrance Talk**, Nov 7, 1:30-2:30PM. w/Nancy Ellis. Orchard View, Almonte. missmillslibrary.com

**Bazaar/Chili Luncheon**, Nov 7, 10AM-1:30PM. \$6 lunch. Fairview Manor, Almonte. 256-3113x2908

**Naismith Men's Shed**: Nov 7, 21, 8AM, (Superior Rest., Almonte); Nov 14, 28, 9AM, (Mill of Kintail gatehouse). 461-0013

**Fall Trails Talk: Peru**, Nov 9, 10-11:30AM. Trekking the Choquequirao Trail. Holy Trinity Anglican Church, Merrickville

**Perth Library Bake Sale**, Nov 9, 10AM-3PM. Perth Library

**SchoolBOX Latin Fiesta**, Nov 9, 7-11PM. Snacks, cash bar, auctions. Almonte Civitan Hall. schoolbox.ca/fiesta. \$25; \$20 adv

**Turkey Supper**, Nov 9, 4:30-7PM. St George's Church, Clayton. \$18, 6-13 \$8

**Vintage Finds Christmas Sale**, Nov 9, 9AM-3PM. Carleton Place & Beckwith Heritage Museum, Carleton Place. 253-7013



## CARRIAGEWAY STUDIOS

65 Mill Street (by the Barley Mow)

## OPEN HOUSE

SATURDAY NOVEMBER 16  
FROM 10 TO 5

VISIT  
[facebook.com/carriagewaystudios/](https://facebook.com/carriagewaystudios/)

### Christmas on the Clyde

Lanark & District Civitan Club's 7<sup>th</sup> annual Christmas Craft Sale Crafters, artisans, canteen & licensed bar  
Saturday, Dec. 7, 10AM-3PM, 2144 Pine Grove Rd., Lanark  
613-285-6184, [bonnieking1963@gmail.com](mailto:bonnieking1963@gmail.com)

### Lanark County



## Angel Tree for Seniors

Brighten a Senior's Christmas by giving an anonymous gift. Beginning in Mid-November, select a name from an Angel Tree located at:  
**North Lanark Community Health Centre** in Lanark,  
**Home Hardware** in Perth,  
**Canadian Tire** in Carleton Place  
**Special Greetings** in Smiths Falls  
**Tay Valley Township Municipal Office** in Perth  
**Carbridge Community Support** in Almonte  
or via **Facebook** "Angel Tree for Seniors - Lanark County"

Return the gift to the **Angel Tree** by **Monday December 9<sup>th</sup>** & we will ensure local Seniors receive their gift in time for Christmas.

For more info please visit the Facebook page or call Sarah 613-259-2182.



MELISSA MOVES PRESENTS

# SUNDAY MOVES

All-Ages Movement Class\*  
**Music. Creativity. Play.**  
Drop-in – Cash ONLY at the door  
\*Parent/Guardian must accompany minors

**Nov 24 | Dec 15**  
**11-12:30 pm**  
Total Rhythm Dance Studio  
55 Lansdowne Ave.  
Carleton Place

Additional classes:  
Seniors. Kids' programs. Special Events  
[melissamoves.net](http://melissamoves.net)  
[melissamovesinfo@gmail.com](mailto:melissamovesinfo@gmail.com)

## Activist Alphabet

2019 Living Now Book Awards  
Gold Medal Winner  
for social activism

Meet author  
**Donna Sinclair**

**November 30**  
**6-8PM** (reading at 7PM)

**Almonte United Church**

Book available for \$19.95 (cash or cheque) at the event, or from [woodlakebooks.com](http://woodlakebooks.com)

Hanging Around the Valley

# Art and About

## Spirit Seeds at MVTM

*Spirit Seeds: A Celebration of Indigenous Beadwork* explores historical and contemporary beadwork created by the indigenous people of the Great Lakes and Northeastern regions. Within the beadwork, cultural stories are shared and preserved. Beadwork from the 1800s often symbolized

by Miss Cellaneous

a narrative of survival for Indigenous people during this period of great change. This exhibition celebrates the beauty and meaning of earlier beadwork and how contemporary Indigenous work contributes to this legacy. It visually explores post-contact trade-era beads, historical beadwork, and present-day examples of the art form.



The Spirit Seeds exhibit continues at the Textile Museum until December 14

There will be a vernissage and Curatorial Talk by guest curator/artist Naomi Smith on Saturday November 9 from 2-4PM, as well as a workshop on Sunday, November 10 from 10AM to 4PM, and the exhibit continues at the Mississippi Valley Textile Museum until December 14. For more information, please visit [mvtm.ca](http://mvtm.ca).

## Gifted Sisters Art Sale

Sisters Donna McPhail and Kathy McPhail-Besharah are joining forces to present a show and sale of their art works just in time for the holidays.

Donna, who worked for 25 years as a high school art teacher, has been interested in crafts and art



Find works by sisters Donna (above) and Kathy (below) in Perth on December 1 and 8

for many years, beginning with sewing, quilting, weaving and embroidery. After retirement she moved to Perth and joined the Rideau Lakes Artists Association and Art Works! Perth, and began painting. Her latest venture is painting on furniture. She sources older but solid pieces of furniture to transform them into something that is one-of-a-kind, and also accepts commissions.

Her sister Kathy is a wood turner who has been fascinated with wood since she was a child; the smell, the texture, the multitude of grains. When her husband surprised her with a lathe for her 50<sup>th</sup> birthday she took a few lessons and was hooked! Most of her wood is locally sourced maple,

ash, walnut and cherry, and she occasionally uses exotic woods such as pedouk, purpleheart and rosewood. She employs techniques such as dyes, dremmel piercings, turquoise inlay and segmenting to achieve a variety of looks, and has recently been concentrating



her efforts into making bowls. These gifted sisters invite you to visit their Christmas Sale at 7 Thom Street in Perth on two Sundays: December 1 and December 8 from 11AM to 4PM each day. Cash and credit cards are accepted.

## November Art Exhibition at MERA

Come on out to McDonalds Corners on Sunday, November 10 at 2PM for the vernissage of the latest art exhibition at MERA. The "Whimsical World of Emmy" features the work of Emily Wilson.

Emily Wilson is an amazing young woman and artist who lives in McDonalds Corners with her family. She loves to cook, listen to music and doodle in her spare



Emily Wilson is the featured artist this month at MERA

time. Emily attends St. John's Catholic High School and is part of the Without Exception: Exceptional Art from Beautiful Minds program. Since the age of two, Emily has been part of the Therapeutic Riding Program. The Wilson family are very active members of MERA and the McDonalds Corners Agricultural Society — you often see Emily out and about at community events lending a helping hand, especially with children's activities.

MERA is located at 974 Conc. 9A in McDonalds Corners. For directions and exhibition hours, visit [meraschoolhouse.org](http://meraschoolhouse.org) or email [meraschoolhouse@gmail.com](mailto:meraschoolhouse@gmail.com).

## 4<sup>th</sup> Annual Mississippi Masala!

An evening of South Asian food, culture and entertainment in support of **Child Haven International**

**Saturday November 23, 6-9PM**  
**Carleton Place Curling Club**



\$25 in advance, \$30 at door  
Tickets/info: [www.childhaven.ca](http://www.childhaven.ca)  
[janehamilton@live.ca](mailto:janehamilton@live.ca)





# Where the Bad-Asses Are...

Someone recently asked me what would happen if I messed up at work. It was part of a job evaluation process, but it actually made me stop and think about that question. I replied that the question really is much larger than me, but what would happen if libraries ceased to exist? What would happen if all library staff disappeared in a cloud of smoke and the doors closed?

by Kelly Thompson

At least once a year throughout the past twenty years, a politician/journalist/individual who has never used the library will write a column or give a speech about the money and resources wasted on library funding. These people will tell you that no one uses libraries anymore and everything is now found online. They will tell you that many library staff just really love their jobs and don't like to admit it's a dying field (I was told this word for word!).

If you were to ask "Jane", who comes into the library everyday and chats with the staff, chooses materials and checks her email before heading home, she will tell you that library staff are some of the only people she speaks to in a day. She will tell you

that she lives alone on a limited income and the only entertainment she can afford is what she does through the library.

If you ask "Mr. and Mrs. Johnson", they will tell you that they panicked during the last census because they don't own a computer and have no family nearby. They could not read the fine print on the form and were terrified they would end up in jail if they didn't complete their census online. The couple came into the library and the library staff walked them through the process. In a small town, there was nowhere else to go.

There are also the men from the local treatment centre. They will tell you that they are living in a strange community away from their homes and their families. No electronics are allowed at the centre, but they are allowed to go down to the library during their free time. They will tell you that they are often judged in the community because many people realise who they are, but that the library is a non-judgemental place where they can relax and communicate with their families, read a book, or just search the web.

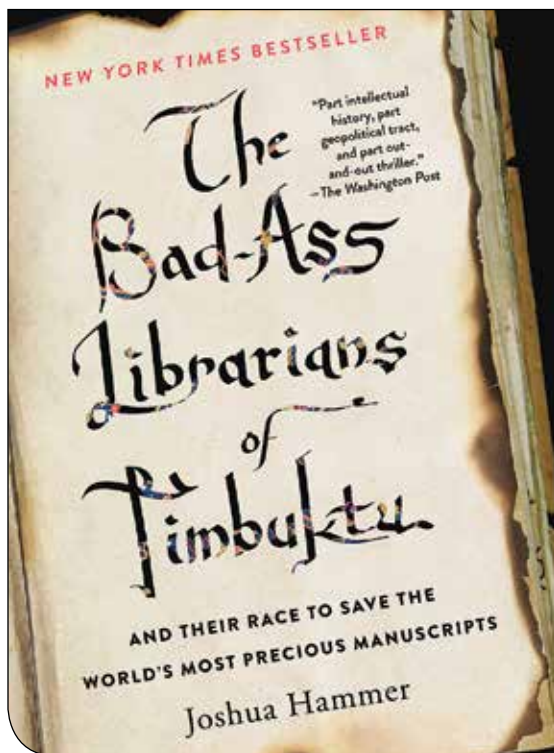
Then there are the single parents, the low-income families, the teens whose home lives are less than ideal, the people new to the area who just want to become more a part of the community, or at least be surrounded by others. There are the distance learners and the researchers. The entrepreneurs and the job-seekers. The creative and the inspired. Those who want to share ideas and gain insight. Those who want access to technology, but can't financially afford the luxury. The list and the stories go on.

I truly believe libraries are a social service — a service provided for the betterment of a community — a place to share ideas, communicate or find solace. What would happen if libraries closed their doors? I hope I never have to find out.

### Bad-Ass Book Suggestions

- *Regina Anderson Andrews, Harlem Renaissance Librarian*, by Ethelene Whitmire
- *The Bad-Ass Librarians of Timbuktu and Their Race to Save the World's Most Precious Manuscripts*, by Joshua Hammer
- *This Book is Overdue!: How Librarians and Cybrarians Can Save Us All*, by Marilyn Johnson
- *Revolting Librarians Redux: Radical Librarians Speak Out*, by Katia Roberto and Jessamyn West

— Kelly Thompson is the Chief Librarian/CEO at the Renfrew Public Library





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 A Celebration of Indigenous Beadwork

**October 26 to December 14, 2019**

**Naomi Smith, Guest Curator/ Artist**

Spirit Seeds is a rich exploration of Indigenous beadwork from the Great Lakes Region. This exhibit visually explores post contact trade-era beads, historical beadwork into present day examples of the artform.

Vernissage & Curatorial Talk: Saturday November 9, 2 pm to 4 pm  
 Workshop: Sunday November 10, 10 am to 4 pm  
 Mississippi Valley Textile Museum  
 3 Rosamond Street E, Almonte ON K0A 1A0



# The Positive Impact of Volunteering with SchoolBOX

SchoolBOX is a registered charity in Canada and Nicaragua that is making education a possibility for children. Founded in 2006 by Tom Affleck, SchoolBOX was able to put two young girls from Nicaragua in school by simply providing them with a notebook and a pencil. Since then, SchoolBOX has blossomed into putting tens of thousands of children in school each and every year. With the help of many gracious volunteers and donations, SchoolBOX has been able to continually supply school materials and build safe environments, such as schools and libraries, for children in parts of Nicaragua where education wasn't a possibility before their help. The staff at SchoolBOX, as well as current and previous volunteers, know just how beneficial volunteering can be and want you to experience it for yourself.

## The Impact of Giving & Volunteering

That heart-warming feeling after giving to someone is like no other. Whether it's paying for a stranger's coffee or giving time to help a friend, we give because we know it will provide a benefit to the recipient. However, don't be so quick to take yourself out of the equation when it comes to those benefits. Research shows that when we give to others out of the goodness of our hearts, it actually benefits our

own mental health and wellbeing. Biologically, the act of giving activates parts of the brain that release serotonin, dopamine, and oxytocin, all of which are "feel good" chemicals. Similar to a "runner's high", a "helper's high" is a result of those chemicals being released, and that glowing feeling you get as a result makes you want to continue to give and help others.

A term within psychology to help explain the impact of giving is "altruism" — the act of putting other people's needs before our own. One of the best ways we can do this is through volunteering. Research has shown that altruism can create a sense of community and is an indicator of further volunteering. In addition, research on the perceptions of altruism and volunteering has found that there are many motivational factors involved. Individuals have been shown to develop career-relevant skills, it provides the ability to better understand society and the rest of the world, it provides a chance to explore new cultures and meet new people, and ultimately, those who volunteer feel good about themselves by doing good for others.

Although the goal of volunteering and the act of being altruistic is centered on helping others, there are many personal benefits that can accrue while you do it. Here are just three of them:

- **Increased self-esteem:** when you volunteer, you gain a sense of purpose because you know you're helping someone else. By giving your time you are making a big difference and that ultimately translates into positive feelings about yourself. Additionally, helping others just feels good.
- **Longer lifespan:** believe it or not, volunteering increases your life expectancy. Research indicates that those who volunteer more regularly and frequently have a lower mortality risk than those who don't. There can be many reasons as to why this is the case, but it is clear that when you volunteer you decrease feelings of isolation, increase a sense of belonging, and have lower levels of stress, which can lead to lower blood pressure and stress-induced illnesses.
- **A broader scope:** it can be so easy to stay in our own bubble and only worry about our immediate surroundings, and while that's still important, it's just as important to stay informed about the problems and inequalities that others experience, both locally and globally. Volunteering can help put things into perspective and make you aware of the privileges you might have that others do not. Opening your mind and your heart to causes



A great way to find out more about SchoolBOX is to attend their Latin Fiesta at the Almonte Old Town Hall on November 9. Tickets can be purchased at Baker Bob's and Equator Coffee in Almonte, or at <a href="http://schoolbox.ca/fiesta">schoolbox.ca/fiesta</a>. They are \$20 in advance (\$15 for students) or \$25 at the door. Kids under 13 are free. Remember to bring cash, credit card or cheques for the live and silent auctions!

that might not affect you directly, but affect others greatly, is only going to improve your own sense of self and help make the world a better place.

SchoolBOX is giving everyone a change to achieve the benefits listed above, as well as many more, with their Volunteer Program. This is a life-changing ten-day group trip to Nicaragua to assist in the building of a school or classroom. Not only will you be able to build alongside SchoolBOX staff and other volunteers, but you will be able to immerse yourself into the culture by exploring Nicaragua, interacting with the children who will be accessing the school, and experiencing first-hand the folks who will be utilizing the space you are helping to create, such as the teachers, parents, and more. The organization currently has openings in their March Break group (March 12–21, 2020), the Almonte Group (April 16–25, 2020), and the July Group (July 9–18, 2020).

SchoolBOX is undeniably changing the way children and communities live in Nicaragua, and by being a volunteer you too can help make a profound impact. With so many benefits that you will also get to experience, SchoolBOX welcomes you to be part of the change. You can contact SchoolBOX at <a href="mailto:volunteer@schoolbox.ca">volunteer@schoolbox.ca</a> or by calling the Executive Director, Jonathan Tam, directly at 869–8185. — Alexandra Few

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Events**

**Lesley Choyce**  
Tuesday, November 12  
Afternoon Presentation  
1:30PM, Almonte United Church  
Evening Reception  
7PM, Curious & Kind  
(12B Mill St., Almonte)

**Jan Andrews'**  
*To See the Stars*  
Saturday, November 16  
3PM, Curious & Kind  
(12B Mill St., Almonte)

**Charlotte Gray**  
Sunday, December 1  
1:30PM, Almonte Old Town Hall  
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for the Dr. Oz video on facial acupuncture



# Folkus Heads into 2020

Almonte's Folkus Concert Series is pleased to be announcing another great season of music for your ears. This year's season focuses (sorry) a lot on vocal harmony. We will bring you sweet singers, choruses galore, storytellers in song, and there will be laughs along the way too. Folkus receives funding from the Government of Canada and that allows us to take chances on bigger-name artists, to support local artists opening, and to support music in the community. We also couldn't do anything without our local sponsors, all of whom make it easier to bring you great shows. Treat them like gold, and tell them we sent you. And now for our 2020 line-up...

## January 18: The Good Lovelies with The Space Between

The Good Lovelies <goodlovelies.com> could well be Canada's sweethearts. A little folk, a little pop, a little country, a dash of hip-hop; fundamentally the Good Lovelies are about beautiful singing, angelic harmony and memorable songs. This will be an intimate show — a not-to-be-missed chance to hear their voices soar in a room designed for singing.

"Kerri Ough, Sue Passmore, and Caroline Brooks [are each] immensely talented vocalists and songwriters in their own right; however, it's their voices interwoven in harmony — powerful and pure, organic and inspiring — that elevates the Good Lovelies from impressive to peerless."

Special guests The Space Between will be opening <wearethespacebetween.squarespace.com>. Home-

town girl Sonja Seiler brings her duo project to Almonte. Seiler is joined on harmony and vocals and guitar by Eric Sorenson. Nestling in a rootsy pocket somewhere between Appalachia and Toronto, their sound is clean and pure.

## Feb. 29: Campbell Woods & Kate Weekes

This will be a lovely evening of singing and musical storytelling. Celebrate Leap Day with us!

Campbell Woods <campbellwoodsmusic.com> is a troubadour with roots in the Ottawa Valley, currently based in Montreal. He's a listener and a storyteller; his songs bring out the secret joys and ordinary tragedies of life with carefully crafted melodies and deceptively simple turns of phrase. He gets compared to Townes Van Zant and John Prine a lot; he also reminds me a little of Fred Eaglesmith.

Kate Weekes <kateweekes.com> seems to live stories on the way to telling them. She hitchhiked her way to the Yukon, collecting stories along the way. She has been a dog-musher in Norway, toured China with a swing band, and has paddled from Whitehorse to Dawson City. Weekes describes her latest album, *Taken by Surprise*, as the sonic scrapbook of a bold life lived to the fullest. "Wherever I am traveling comes out in my songs," she says. For this evening, Weekes will be accompanied by multi-instrumentalist and producer James Stephens.

## March 28: Ian Sherwood with Evangeline Gentle

Ian Sherwood <iansherwood.com> is a multi-award-winning singer-songwriter, storyteller and multi-instrumentalist. He is charming in person and funny as heck on stage between songs. Sherwood has just released his fifth album, *Bring the Light*. "A born storyteller and a constant creator, his music dances the line between folk and pop. His live performances thrive on intimacy. Whether it's a theatre show or large festival stage, his persona is irresistible and completely destroys fourth walls."

Opening for Ian Sherwood will be Evangeline Gentle, a rising star from Peterborough. Evangeline brings a spine-tingling voice and introspective songwriting to the stage. Their self-titled LP, recently released on COAX records, was recorded just down the road at Jim Bryson's Fixed Hinge Studios.



The Good Lovelies kick off the 2020 Folkus Series on January 18, but season's passes go on sale in November!

## April 25: A Leverage for Mountains and The Pairs

This will be an uplifting night of vocal harmony. Both bands feature trios of fabulous singers, and when they sing, you can hear how much they love to make music. They really will sing at the drop of a hat — we will try for a double encore!

A Leverage for Mountains <leverageformountains.com> are based in Val-des-Monts, Quebec. Nick Loyer, Jay Trepanier and Jay Flynn focus on crisp harmonies and subtle, catchy melodies. They have released a first EP, *The Essence Project*, and are working on a new album.

The Pairs <thepairsmusic.com> are a female-fronted folk pop group hailing from London, ON, powered by classically trained vocalists Renee and Noelle Coughlin and Hillary Watson; former punk rock drummer Steve Plimmer adds his own spicy beats. Their unique blend of harmony and rhythm will hug your eardrums and may inspire a little chair dancing at our show. They have just released their first album, *Noise*.

We look forward to seeing you, whether it's at our launch party in November (see sidebar), or at the first show of the season at the Almonte Old Town Hall. This year, our season's passes go on sale November 2 at <folkusalmonte.com> and at Mill Street Books. Our single tickets will go on sale the first week of January in the same places.

— Sandy Irvin is the Artistic Director of the Folkus Concert Series

## Kick-Off with The Cats

To kick-start the 2020 season, Folkus will be holding a launch party on Thursday, November 7 at Equator Coffee Roasters to celebrate both our season and our wonderful sound man, Brendan Gawn. He never gets to mingle at shows because he's working too hard. Brendan is an excellent sound person because he listens. He listens well because he plays a mean bass. And he'll be playing bass with the Brindled Cats, along with guitarist Rob McMurray. They may bring a few friends. Join us for a pint or a coffee and possibly a bite to eat! Details at <www.folkusalmonte.com>.

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**The Reeve Report**

# A Complete Waste of Time

I'm not proud of it, but I can procrastinate along with the best of them. I try to follow the adage "spend time, don't waste it," but it's a hard thing to do when the weather is crisp and bright, the trees are golden and gorgeous, and the blue jays are at the feeder. If I'm doing something constructive outside, that can't be a waste of time, right?

by Glenda Jones

It's easy to ignore the inside work. Heavens knows, dust doesn't take a holiday! I can justify being outside if I grab a rake and pretend to be tidying up the yard. So in mid-September I was practically standing under the butternut waiting for the leaves to drop. The butternut is the garden wimp, last to get its leaves, first to drop them. I spent an hour raking every single leaf into a neat pile, gathering them up and depositing them properly in my leaf dump. I tidied all the edges, and nary a leaf was left in the surrounding bed or on the labyrinth. Pristine! I was ahead of the leaf game and had spent my time usefully.

The next morning the big cherry in the front yard took the hint and shed twigs and leaves that the dogs trailed into the house. Once more out with the rake I went. Doggy help made the job difficult, and I nearly scooped up the puppy along with the leaves! For the next couple of weeks I devoted valuable time daily to raking. It was partly for the exercise, I told myself, but really it was simply to be outside enjoying the weather. I didn't even mind that I was repeating the same area several times. I figured two loads a day would be enough. However, my compost pile was beginning to grow, so I started a new one closer to the house.

By Thanksgiving I was starting to think the trees were laughing at me. I'd dutifully rake and clean up, and as soon as I turned my back some other tree would let loose and defoliate. In the woods the carpet of colour is astounding; on the lawn, not so much, because I know if I don't rake leaves now I'll be doing it in the spring and it'll be wet and mushy.

We have one glorious red maple that defies my raking by being spectacular one day and totally bare the next. By the time it shed I needed back-up, so Alan used the tractor and trailer to load leaves out to the woods. The raking was beginning to get a bit tedious, a daily job in one area or another. The piles

were growing, and there seemed to be no end in sight. I would look up at the poplars and will them to shed, but no, they were hanging on. One good wind should have done a better job than it did, but only littered the driveway.

Rake, rake, load, dump: totally futile! I was revisiting areas I'd done before, and I wasn't enjoying the exercise anymore. I was wasting my time doing this every day. My leaf dump was too high, so I took to heaping loads of leaves on the periwinkle in the fervent hope it would die. (I know better, but hope springs eternal!)

We have a giant oak beside an ironwood, a pine and a maple. Those four conspired to shed into the pond, a secondary mess that involves either wet feet or heavy detritus in which we trust frogs will hibernate. The pond is our study in natural decomposition. The surrounding area will be our study in what happens if leaves are left where they fall. Translation: Lordy, I'm getting tired of this raking jazz!

There is an order to leaf drop: the butternut, the cherry, the maple, the ironwood, and then the birch, the ash, and maybe the apple tree. Rake, rake, until one day we seemed to have gotten the bulk of them. That's the day there was a heavy frost, and the red oaks let loose all at once in a deliberate attempt to try our patience. By that point, we'd had it with raking, and the leaves were scooped onto the flower beds as mulch, the acorns clumped together for the squirrels, and we walked away from the rakes. We were done!

We intentionally turned a blind eye to the poplars lining the driveway, and made for the house. However, the very act of shutting the door caused every leaf to cascade all over the area we'd finished not ten minutes earlier. There was no way we were going to rake those darn things again. They will be unceremoniously heaved up with the snow the first time we shovel the driveway. Yes, they'll be there in the spring, and yes, I'll likely wish I'd spent one more day raking.

There is something good to be said for the first snowfall: we won't be thinking of the time we spent (wasted?) on the end of the rake, and it'll cover what we didn't accomplish sooner. For a few months we can content ourselves that the garden will be well protected with a covering of leaves that of course will rot down and not be a mess in the spring. We'll see about that in March...



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+ **Head Over Heels** (Blues/Folk, Gananoque) 6-9  
Sat. Nov. 2 **Jessica Rhaye & The Ramshackle Parade** Songs of Bob Dylan, 7-10, \$20  
Fri. Nov. 8 **Zachary Lucky** (Old Time Country, Saskatoon) 6-9  
Sat. Nov. 9 **Brock Zeman** (Master Folk/Rock Storyteller, Lanark) 6-9  
Fri. Nov. 15 **Riley & Riley** (Acoustic Blues, Kingston) 6-9  
Sat. Nov. 16 Blues on the Rideau with **Samantha Martin & Delta Sugar** (Soul Blues, Toronto) 7-11, Buffet, Show+Charity, \$70+HST  
Fri. Nov. 22 **You've Got A Friend**: Carole King & James Taylor Tribute 7-11, Buffet+Show, \$55+HST  
Sat. Nov. 23 **Santa Claus Parade** with **Norwood & McCullough** (Country) 1-4  
+ **Benni Vander** (Classic Rock Keys, Picton) 6-9  
Fri. Nov. 29 **John Wilberforce** (Acoustic Folk/Rock, Kemptonville) 6-9  
Sat. Nov. 30 **Tony Silvestri Band** (Classic Rock, Kingston) 7-11, Buffet+Show, \$50+HST



# Upcoming at Curious & Kind

October was a rather monumental month for Curious & Kind. We had our first sold-out show when DeAnne Smith, one of Canada's top stand-up comedians, came to our small town and drew a big beautiful crowd of humans who laughed so hard I got complaints from a few people about sore ribs from "laughing too much." Ottawa comedian Seema Rani also bears some of the blame for the laughter injuries because her opening set was absolutely hilarious.

We also had a felting workshop facilitated by Natalie DeGreef (from Cashmere & Rose) where the folks who came out made three magnificent 3D pumpkins! Natalie is passionate about felting and had never taught the art form before and she was a natural, so we'll be doing more felting workshops with her come December. If you have something you love to do, and would like to share it with others, please drop by, email me or find me at North Market or Gaslight Electric while I'm grabbing my morning coffee. I'd love to hear your ideas.

Looking ahead to November I have a few high-pitched squeal-worthy events. I know because when Mary from Mill Street Books in Almonte asked if I could host the second, more intimate, meet and greet for Lesley Choyce, author of *The Unlikely Redemption of John Alexander MacNeil*, perhaps one of the most widely read books in town... I squealed, right there in the bookstore. I think I may have scared a small child. The author of one of my favourite books in the world, at Curious & Kind?! On November 12, you can come down at 7PM and meet Lesley (or Mr. Choyce, depending on how formal you'd like to get) and buy one of his books, or get your copy of *Unlikely Redemption* signed. You can also get me to pinch myself to make sure I'm not dreaming.

Also in November, my daughter will also be holding a weekly writing Wednesday workshop from 4:15-5:30PM for children aged 8-12, and you can email ahead to let us know your child is dropping in. It will be happening right up until December 11, and she'll be assembling an anthology of the work collected, so the participants can get one after it's all



Almonte's Curious & Kind enjoyed a sold-out comedy show with DeAnne Smith and Seema Rani in October, and will be hosting several events in November

said and done. (If you happen to know an engineer who'd like to facilitate an invention society for young children let me know, as that's what my youngest wants his workshop series to be, and he's looking for an engineer or skilled human to help him make it happen).

There will also be a fundraiser for the Odawa Friendship Centre's Food for Friends holiday hampers organized by Jennifer Ferrante, an Algonquin stand-up comedian, on November 30, which will feature musician Larissa DesRosiers and include tables by Indigenous crafters. You can buy tickets ahead of the event online at <curiousandkind.ca>.

You can come buy records from Jim's incredible collection (he used to run Record Runner and is still passionate about music and living in Perth), and 30% of the proceeds go to keeping our wonderful Curious & Kind doors open. You can also rent the space for meetings, birthday parties, weird weddings, rehearsals, book clubs, and putting on your own workshops. Together we'll figure out how to make this space thrive, I know it.

Happy Autumn!  
— Danielle Grégoire

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Sunday, December 1 at 7PM  
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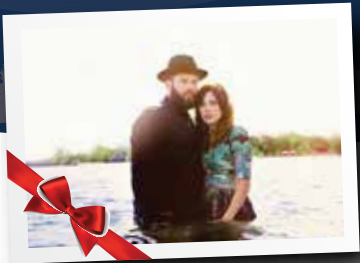
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